

# COURSE DELIVERY PLAN 2026

## Bachelor of Outdoor Leadership

COURSE CODE: SBOL

CAMPUS	Footscray Park (FP)
COLLEGE	College of Sport, Health and Engineering
STUDY MODE	Full Time or Part Time
DURATION	3 years Full Time or Part Time equivalent
FEE TYPE	For information on course fees, refer to <a href="http://vu.edu.au/fees">http://vu.edu.au/fees</a>
APPLICATION METHOD	VTAC - <a href="https://vtac.edu.au">https://vtac.edu.au</a> Direct Application - <a href="https://gotovu.custhelp.com/app/landing">https://gotovu.custhelp.com/app/landing</a>
TIMETABLE	<a href="http://vu.edu.au/timetables">vu.edu.au/timetables</a>
COURSE REQUIREMENTS	To attain the Bachelor of Outdoor Leadership, students will be required to complete 288 credit points consisting of: <ul style="list-style-type: none"><li>• 96 credit points of First Year Core units</li><li>• 96 credit points of Professional Core units</li></ul> Plus one of the following: Option A: <ul style="list-style-type: none"><li>• 96 credit points of SMAOLI Outdoor Leadership Industry Internship Major studies</li></ul> OR Option B: <ul style="list-style-type: none"><li>• 96 credit points of Major studies from the approved list</li></ul> OR Option C: <ul style="list-style-type: none"><li>• 96 credit points of Minor studies from the approved list</li></ul>
FURTHER INFORMATION	Unit and course information is available from the University course search site at <a href="http://vu.edu.au/course-search">http://vu.edu.au/course-search</a> or go to <a href="https://askvu.vu.edu.au">https://askvu.vu.edu.au</a> or Phone VUHQ on 03 9919 6100
COURSE CHAIR	Matthew Cox
COURSE ADVICE	AskVU <a href="https://askvu.vu.edu.au/app/askcua">https://askvu.vu.edu.au/app/askcua</a>

**Note:** Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

**Core/Elective** Core (a unit that must be completed) & Elective (you have some choice in what you select).

**Prerequisites** A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

**Date of Publication:** This information is current at the publication date: 1/10/2025. It is provided as information only and does not form part of a contract between any person and Victoria University.

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## YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SOL1000	Introduction to Adventure Environments	Core	<b>1B1</b>	12	FP	
SOL1001	Natural Environments 1	Core	1B1, <b>1B2</b>	12	FP	
AEK1105	Aboriginal Traditions and Policy	Core	1B2, <b>1B3</b> , 1B4	12	FP	
SOL1005	Interpretation of Natural Environments for Outdoor Leaders	Core	1B3, <b>1B4</b>	12	FP	
SOL1002	Safety in Natural Environments	Core	<b>2B1</b> , 2B2	12	FP	
SOL1003	Adventure Based Learning for Outdoor Environments	Core	<b>2B2</b>	12	FP	
SOL1004	Preparing to Lead in Natural Environments	Core	<b>2B3</b> , 2B4	12	FP	
SOL1006	Operational Safety in Natural Environments	Core	<b>2B4</b>	12	FP	

## YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SOL2001	River Environments 1	Core	1B4, SB1	12	FP	SOL1001; and SOL1002
	Major 1 - Unit 1 OR Minor 1 – Unit 1	Major		12		
	Major 1 - Unit 2 OR Minor 1 – Unit 2	Major		12		
SOL2002	Bush Environments	Core	1B2, 1B3	12	FP	SOL1001; and SOL1002
SOL3000	Leading Facilitating and Interpreting in Natural Environments	Core	2B1	12	FP	SOL1001; and SOL1002
	Major 1 - Unit 3 OR Minor 1 – Unit 3	Major		12		
	Major 1 - Unit 4 OR Minor 1 – Unit 4	Major		12		
SOL2010	Natural Environments 2	Core	2B4	12	FP	SOL1001; and SOL1004; and SOL3000

## YEAR 3

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
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SOL2003	Mountain Environments	Core	1B1, 1B2	12	FP	SOL1001; and SOL1002
SSM3101	Environmental Inquiry, Sustainability and Communities	Core	1B2, 1B3	12	FP	SOL1001; and SOL1002
	Major 1 - Unit 5 OR Minor 2 – Unit 1	Major		12		
	Major 1 - Unit 6 OR Minor 2 – Unit 2	Major		12		
SOL3003	Risk Management in Natural Environments	Core	2B2	12	FP	SOL1001; and SOL1002
	Major 1 - Unit 7 OR Minor 2 – Unit 3	Major		12		
	Major 1 - Unit 8 OR Minor 2 – Unit 4	Major		12		
SSM3002	Outdoor and Environmental Philosophy	Core	2B4	12	FP	SOL1001; and SOL1002; and

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## List of major/s available in this course

SMAOLI	Outdoor Leadership Industry Internship
SMASAC	Sport and Active Communities
NMAENV	Ecology and Environmental Management

## List of minor/s available in this course

SMIADS	Adventure Sports
SMIGAM	Games and Sports
SMIHEA	Health (Sport Science Minor)
EMIAGL	Aboriginal Yulendj (Knowledge) and Community

## Outdoor Leadership Industry Internship SMAOLI

For students wishing to enter the outdoor professions, the Outdoor Leadership Industry Internship major provides a unique opportunity to combine employment with study in the outdoor industry. Throughout the major, students will engage in a .4 (or equivalent) role in an outdoor leadership organisation during the 2nd and 3rd year of their degrees. The internship major is designed to work in conjunction with their ongoing studies.

Students wishing to undertake the industry internship major will be required to undertake a selection process, managed by the College of Sport, Health and Engineering, and the organisation offering the internship through their standard employment process, to ensure their suitability for the available internship options. This selection process will take place in the second half of the first year of study.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AEK2203	Indigenous Perspectives On Sustainability	Major	1B4, WB1	12	FP	AEK1105; or AEK1106; or AEK1204
SOL2006	River Environments 2	Major	2B2	12	FP	SOL1001; and SOL1002; and
SOL2009	Outdoor Internship 1	Major	1B1	24	FP	
SOL2011	Investigating Coastal Environments	Major	1B1	12	FP	SOL1001; and SOL1002
SOL3002	Outdoor Internship 2	Major	SB1	24	FP	
SSM3104	Research and Evaluation in Sport	Major	1B1, 2B1, WB1	12	CC	

## Sport and Active Communities SMASAC

The Sport and Active Communities Major gives attention to community sport, its relationship with elite and professional sport, and how it can be managed to optimise participant satisfaction, build sustainable communities, and deliver social utility. It also covers team-sport management, gym and exercise program administration, and community-based physical activity programming. The course thus enables graduates to enter a broad range of administrative, management, and professional-support positions in governing bodies, sport clubs, sport facilities, sport events, local government, and community welfare agencies.

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SSM2103	Historical and Cultural Aspects of Australian Sport	Major	1B3, 1B4, WB1	12	CC	
SSM2104	Programming for Sport Development and Community Action	Major	1B1, 1B2	12	CC	
SSM2204	Sport Sponsorships and Partnerships	Major	2B2, 2B4	12	CC	
SSM2205	Sociology of Sport and Active Recreation	Major	2B1, 2B3	12	CC	
SSM3103	Sport Facility Management	Major	1B1, 2B3	12	CC	SSM2204
SSM3104	Research and Evaluation in Sport	Major	1B1, 2B1, WB1	12	CC	
SSM3204	Building and Sustaining Sport Participation	Major	1B3, 2B2, 2B4	12	CC	
SSM3205	Sport Event Management	Major	1B2	12	CC	SSM3103

## Ecology and Environmental Management NMAENV

This Ecology and Environmental Management major has a strong research and application focus and will produce graduates that are 'work ready' by combining an extensive laboratory and field-based program with training centred on state-of-the-art techniques and information along with final year research projects embedded in the capstone units. The course combines studies in ecology, zoology, ecology, geography, genetics and applied ecological management to develop a broad range of knowledge and investigative skills that are applicable to a wide range of research fields, industries and employers. The laboratory and field programs, includes hands-on training on modern analytical equipment including applications, theory of operation, optimisation and data analysis.

The major includes two Capstone units:

*RBF3210 Environmental Rehabilitation* builds on previously taken units and introduces a range of tools that will assist in the rehabilitation of Victoria's terrestrial environments and communities. Topics include the ecological parameters and adaptations of organisms in diverse environments and the key ecological relationships amongst organisms. Rehabilitation projects based on approaches using ecological theory will be reviewed using contemporary case studies. Practicals will include hands-on experience in the use of the Native Vegetation Management Framework, the Habitat Hectare approach, development of land management plans, and specific threatened species rehabilitation programs.

*RBF3620 Conservation and Sustainability* ties together, in both theoretical and practical ways, concepts and practices for maintaining biological diversity, and how these concepts and practices can be integrated with social and economic needs.

More specifically, this unit brings together concepts such as the development of conservation theory and practice in Australia; extinction and its significance, including pathways to extinction; the meanings, levels and interpretation of concepts of biodiversity; ecological and adaptive management approaches to conservation and recovery, including design of reserves, setting priorities, off-reserve conservation and ex-situ (captive breeding, reintroduction and translocation). Practical field studies and site visits will investigate the contributions of zoo's, national and state parks, friends groups, councils and shires, other government agencies and private landholders to the conservation and recovery of plant and animal species, from insects to mammals, and from mushrooms to trees. The subject will also include practical appraisals of techniques used to determine integrity of ecosystems, landscapes and overall environment, the contributions made by

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biodiversity to ecosystem services and integrated methods for recovery and sustainable management of species and ecosystems.

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NPU2110	Australian Landscapes and Biota	Major	1B2, 1B3	12	FP	
NPU3106	Conservation Genetics	Major	2B3	12	FP	RBF1310, RBF1320, RBF2610
RBF2610	Fundamentals of Ecology	Major	2B2, 2B3	12	FP	RBF1310, RBF1320
RBF2620	Australian Plants	Major	2B4, SB1	12	FP	RBF1310, RBF1320
RBF2640	Australian Animals	Major	1B1, 1B4	12	FP	RBF1310
RBF3110	Marine & Freshwater Ecology	Major	1B3	12	FP	RBF1310, RBF1320, RBF2640
RBF3210	Environmental Rehabilitation	Major	2B1, 2B2	12	FP	RBF1310, RBF1320
RBF3620	Conservation and Sustainability	Major	1B4, WB1	12	FP	RBF1310, RBF1320, RBF2610

## Adventure Sports SMIADS

For students pursuing a career in the health, fitness, education, or outdoor industries the adventure sports minor provides the technical knowledge and skill required to operate in a range of environments. Students achieve this outcome through a combination of adventure and environment theory studies, innovative field based labs, practical skill development, and a focus on industry ready professional development students. Combined with the successful completion of their degree students are well positioned to be at the forefront of the adventure sports sector.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AEK2203	Indigenous Perspectives On Sustainability	Minor	1B4, WB1	12	FP	AEK1105; or AEK1106; or AEK1204
SOL2006	River Environments 2	Minor	2B2	12	FP	SOL1001; and SOL1002; and
SOL2011	Investigating Coastal Environments	Minor	1B1	12	FP	SOL1001; and SOL1002
SSM3104	Research and Evaluation in Sport	Minor	1B1, 2B1, WB1	12	CC	

## Games and Sports SMIGAM

This minor is for students wanting to actively participate in practical units in the area of physical activity. Students will undertake practical classes where they will instruct others, improve their own performances, learn new skills and be able to plan and prepare activities for a range of individuals and groups.

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UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SPE2000	Rhythmic and Expressive Movement	Minor	2B1, 2B2	12	FP	
SPE2001	Major and Minor Games	Minor	1B3, 1B4	12	FP	
SPE2200	Games and Sports	Minor	2B1, 2B2, 2B3, 2B4, WB1	12	FP	
SPE3100	Psychosocial Aspects of Health and Physical Activity	Minor	1B1, 1B2, WB1	12	FP	

## Health (Sport Science Minor) SMIHEA

Being healthy is important to all of us. Our health is influenced by a range of individual and behavioural factors as well as physical and social environments. Studying health will help you to develop skills and knowledge to make decisions about your own health, inform others, and also to recognise the importance of health in society. You will also become aware of how to support and promote healthy behaviours of others. The minor in Health provides you with an understanding of the individual and societal influences on health and human development. You will study areas covering adolescent health, sexuality and relationships, social bases of health and health promotion and policy.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SHE2001	Adolescent Health	Minor	1B1, 1B2, 1B3	12	FP	
SHE2002	Sexuality and Relationships	Minor	1B2, 1B4, 2B2, 2B3, 2B4, SB1	12	FP	
SHE3001	Social Bases of Health: Global Perspectives	Minor	1B1, 1B2, 1B3, 2B2, 2B3, 2B4, SB1, WB1	12	FP	
SHE3002	Health Policy and Promotion	Minor	1B1, 1B2	12	FP	

## Aboriginal Yulendj (Knowledge) and Community EMIAGL

With UNESCO's acknowledgement that Indigenous groups globally are challenged from 'development', global warming and globalisation and the Australian government's adoption of the UN Declaration on the Rights of Indigenous Peoples, how might Indigeneity assert itself legally, politically, culturally, socially and technologically to secure/ensure an equitable and respected place in a multicultural globalised Australian context?

How might key Aboriginal issues underpinned by self-determination, land and country, treaty, economic development, urban and regional planning, traditional owners, cultural heritage and art, human rights, ethics and community development be considered and applied in a changing world and in Australian civics and citizenship, workplaces and community?

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The Aboriginal Yulendj (Knowledge) and Community minor will be available for students enrolled in VU undergraduate programs and it will use Moondani Balluk (embrace people) units in decolonial and postmodern theories to consider a range of complex topics concerning personal and national identity in a changing global world. In this minor, students will explore, analyse and deconstruct their own disciplinary and lived perspectives as well as explore, reflect and understand the impacts and outcomes of colonisation for Aboriginal individuals, families and communities in South East Australia. Topics to be explored include history, human rights, traditional owners, sovereignty, governance and societal structures, coloniality and systems of power and community ethics.

Students in this Minor will study:

- one of AEK1204 or AEK1105, plus;
- one of AEK2205 or AEK2203, plus;
- both AEK3203 and AEK3204.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AEK1204	Aboriginal History and Political Movements	Minor	2B1, 2B2, 2B3, 2B4	12	FP	
AEK1105	Aboriginal Traditions and Policy	Minor	1B2, 1B3, 1B4	12	FP	
AEK2205	Politics of Aboriginal Art	Minor	1B3	12	FP	AEK1105; or AEK1204
AEK2203	Indigenous Perspectives On Sustainability	Minor	1B4, WB1	12	FP	AEK1105; or AEK1204
AEK3203	Working Ethically in Aboriginal Community	Minor	1B1, 1B4, 2B1, 2B3	12	FP	AEK1105; or AEK1204; and AEK2203; or AEK2205
AEK3204	Aboriginal Political and Reflective Learning	Minor	2B3	12	FP	AEK1105; or AEK1204

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