

COURSE DELIVERY PLAN 2026

Graduate Diploma in Counselling Theory and Practice COURSE CODE: HGCP

CAMPUS	Online Real Time (ORT)
COLLEGE	College of Sport, Health and Engineering
STUDY MODE	Full Time or Part Time
DURATION	1 year Full Time or Part Time equivalent
FEE TYPE	For information on course fees, refer to http://vu.edu.au/fees
APPLICATION METHOD	Direct Application - https://gotovu.custhelp.com/app/landing
TIMETABLE	vu.edu.au/timetables
COURSE REQUIREMENTS	To attain the Graduate Diploma in Counselling Theory and Practice, students will be required to complete: 96 credit points of Core studies.
FURTHER INFORMATION	Unit and course information is available from the University course search site at http://vu.edu.au/course-search or go to https://askvu.vu.edu.au or Phone VUHQ on 03 9919 6100
COURSE CHAIR	Peter Gill Sarah Strohmaier
COURSE ADVICE	AskCUA https://askvu.vu.edu.au/app/askcua

Note: Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Core/Elective Core (a unit that must be completed) & Elective (you have some choice in what you select).

Prerequisites A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Date of Publication: This information is current at the publication date: 1/10/2025. It is provided as information only and does not form part of a contract between any person and Victoria University.



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YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
APT6016	Foundations of Counselling	Core	1B1	12	ORT	
APT6017	Counselling Theories and Interventions	Core	1B2	12	ORT	
APT6018	Counselling across the Lifespan	Core	1B3	12	ORT	
APT6019	Foundations of Child and Adolescent Counselling	Core	1B4	12	ORT	
APT5006	Trauma-informed Counselling	Core	2B1	12	ORT	
APT6021	Supervision and Reflection Practice for Counsellors	Core	2B2	12	ORT	
APT6020	Ethics and Professional Practice for Counsellors	Core	2B3	12	ORT	
APT6023	Working with Diversity in Counselling	Core	2B4	12	ORT	



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This information is accurate as of 01/10/2025 and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their Course and Unit Advisor for enrolment assistance.