

COURSE DELIVERY PLAN 2026

Bachelor of Human Nutrition

COURSE CODE: HBNT

CAMPUS	Footscray Park (FP)
COLLEGE	College of Sport, Health and Engineering
STUDY MODE	Full Time or Part Time
DURATION	3 years Full Time or Part Time equivalent
FEE TYPE	For information on course fees, refer to http://vu.edu.au/fees
APPLICATION METHOD	VTAC - https://vtac.edu.au Direct Application - https://gotovu.custhelp.com/app/landing
TIMETABLE	vu.edu.au/timetables
COURSE REQUIREMENTS	To attain the Bachelor of Human Nutrition, students will be required to complete 288 credit points consisting of: • 48 credit points of First Year core studies; • 144 credit points of Professional core studies, and; • 96 credit points Minor studies (2 x minors).
FURTHER INFORMATION	Unit and course information is available from the University course search site at http://vu.edu.au/course-search or go to https://askvu.vu.edu.au or Phone VUHQ on 03 9919 6100
COURSE CHAIR	Helen Mccarthy
COURSE ADVICE	AskCUA https://askvu.vu.edu.au/app/askcua

Note: Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Core/Elective Core (a unit that must be completed) & Elective (you have some choice in what you select).

Prerequisites A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Date of Publication: This information is current at the publication date: 2/10/2025. It is provided as information only and does not form part of a contract between any person and Victoria University.



VICTORIA UNIVERSITY

For further course information phone 1300 VICUNI/vu.edu.au
Victoria University CRICOS Provider No. 00124K (Melbourne), 02475D (Sydney and Brisbane)

COURSE DELIVERY PLAN 2026

YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RBM1820	Nutrition, Society and Communication	Core	2B1	12	FN	
RCS1601	Chemistry 1A	Core	1B2, 1B3, 1B4, 2B1	12	FP , SA	
HHH1000	Interpersonal Skills and Communication	Core	1B2, 1B3, 1B4, 2B1, 2B2	12	FP	
RBM1518	Human Physiology 1	Core	1B2, 1B3, 1B4, WB1	12	FP, SA	
HPC1000	Introduction to Human Nutrition and Food	Core	1B1, 1B2, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP, CC	
RCS1602	Chemistry 1B	Core	2B1, 2B2, 2B3, 2B4	12	FP, SA	RCS1601
RBM1528	Human Physiology 2	Core	1B4, 2B1, 2B2, 2B3, 2B4	12	FP, SA	RBM1518
HPC1001	Food Components	Core	2B4	12	FN	RCS1601

YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
	Minor 1 - Unit 1	Minor		12		
HHN2001	Family Health and Nutrition Through the Lifespan	Core	1B2	12	FP , ORT	HPC1000
	Minor 1 - Unit 2	Minor		12		
HFS2001	Properties of Food	Core	1B4	12	W	HPC1001
HHN2402	Diet & Disease	Core	2B1	12	FP	
HBM2105	Medical Microbiology and Immunity	Core	2B1, 2B2, 2B3, 2B4	12	SA	RBM1528; or RBF1310
	Minor 1 - Unit 3	Minor		12		
	Minor 1 - Unit 4	Minor		12		

YEAR 3



VICTORIA UNIVERSITY

For further course information phone 1300 VICUNI/vu.edu.au
Victoria University CRICOS Provider No. 00124K (Melbourne), 02475D (Sydney and Brisbane)

This information is accurate as of September 30, 2025, and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their [Course and Unit Advisor](#) for enrolment assistance

COURSE DELIVERY PLAN 2026

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
	Minor 2 - Unit 1	Minor		12		
HHN3601	Nutrition Communication & Education	Core	1B2, 1B3	12	W	HHN2402, HFS2001
HBM3101	Research Methods	Core	1B2, 1B3, 1B4	12	FP	HHN2402; and HBM2105
	Minor 2 - Unit 2	Minor		12		
HBM3105	Research Project	Core	2B1, 2B2	12	SA	HBM3101
HHN3502	Community & Public Health Nutrition	Core	2B2	12	W	HHN3601
	Minor 2 - Unit 3	Minor		12		
	Minor 2 - Unit 4	Minor		12		



VICTORIA UNIVERSITY

For further course information phone 1300 VICUNI/vu.edu.au
Victoria University CRICOS Provider No. 00124K (Melbourne), 02475D (Sydney and Brisbane)

This information is accurate as of September 30, 2025, and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their [Course and Unit Advisor](#) for enrolment assistance

COURSE DELIVERY PLAN 2026

List of minor/s available in this course

HMIBNU	Biomedical Nutrition
HMIPHN	Public Health Nutrition
HMIENT	Exercise and Nutrition

MINORS:

Biomedical Nutrition HMIBNU

After developing a solid grounding in science, this group of units allows students to pursue a minor in Biomedical Nutrition. This minor is a prerequisite for entry into a dietetics postgraduate program as well as meeting a biochemistry requirement for VIT Chemistry teaching.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RBM2530	Pathophysiology 1	Minor	1B1, 1B3, 1B4, WB1	12	FP	RBM1518, RBM1528
RBM2540	Pathophysiology 2	Minor	2B2, 2B3, 2B4	12	FP	RBM2530
RBM2560	Medical Biochemistry	Minor	1B1, 1B2, 1B3, 1B4	12	FP	RBM1528; or RBF1310; and RCS1602
			?		SA	
RBM3265	Exercise Biochemistry and Integrated Metabolism	Minor	2B2, 2B4	12	FP	RBM2560
			?		SA	

Public Health Nutrition HMIPHN

This minor provides an integrated group of units in Public Health Nutrition. It covers disciplinary knowledge in Public Health Nutrition with a focus on contemporary challenges relating to principles and practices from social and behavioral science to develop, implement and evaluation of programs and policies that promote optimal nutrition and population health and well-being. Students will develop their skills in oral communication, critical analysis and different forms of writing for audiences. Assessment tasks across the minor include short exercises, group projects, oral presentations, essays, and formal examinations.

Students choosing the minor, HMIPHN Public Health Nutrition, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
HHB2000	Social Epidemiology	Minor	1B1, 1B3, WB1	12	FP	



VICTORIA UNIVERSITY

For further course information phone 1300 VICUNI/vu.edu.au
Victoria University CRICOS Provider No. 00124K (Melbourne), 02475D (Sydney and Brisbane)

This information is accurate as of September 30, 2025, and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their [Course and Unit Advisor](#) for enrolment assistance

COURSE DELIVERY PLAN 2026

			1B1, 1B2, 1B3, WB1		ORT
HHB2301	Health Promotion	Minor	1B1, 1B4	12	ORT
			1B3, 1B4, 2B1		SA
HHB2402	Health Program Planning and Evaluation	Minor	?	12	ORT, SA
SHE3001	Social Bases of Health: Global Perspectives	Minor	1B1, 1B2, 1B3, 2B2, 2B3, 2B4, SB1, WB1	12	FP

Exercise and Nutrition HMIENT

After developing a solid grounding in science, this minor allows students to develop knowledge and skills relevant to Exercise and Nutrition. Students will learn fundamentals of recreation program planning, development and implementation, the design and delivery of exercise and physical activity services for apparently healthy individuals, as well as the relationship between regular physical activity (or lack thereof) and the incidence and severity of lifestyle related diseases and an understanding of the nutritional requirements for sport and exercise performance. Students will develop their skills in oral communication, critical analysis and different forms of writing for audiences.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SSM2104	Programming for Sport Development and Community Action	Minor	1B1, 1B2	12	CC	
			?		FP	
AHE2006	Exercise Interventions for Healthy Populations	Minor	1B1, 1B2, 1B3, 1B4, SB1, WB1	12	FP	SCL1002; or RBM1528
HHN3002	Sport and Exercise Nutrition	Minor	2B3	12	FP	HHN2001; or HBM2103; or
SCL3001	Exercise, Health and Disease	Minor	2B1, WB1	12	FP	AHE2006



VICTORIA UNIVERSITY

For further course information phone 1300 VICUNI/vu.edu.au
Victoria University CRICOS Provider No. 00124K (Melbourne), 02475D (Sydney and Brisbane)

This information is accurate as of September 30, 2025, and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their [Course and Unit Advisor](#) for enrolment assistance