COURSE DELIVERY PLAN 2026

Bachelor of Biomedical and Exercise Science

COURSE CODE: HBES (Commencing 1B1 2026)

CAMPUS	Footscray Park (FP) and St Albans (SA)
COLLEGE	College of Sport, Health and Engineering
STUDY MODE	Full Time or Part Time
DURATION	3 years Full Time or Part Time equivalent
FEE TYPE	For information on course fees, refer to http://vu.edu.au/fees
APPLICATION METHOD	VTAC - https://vtac.edu.au Direct Application - https://gotovu.custhelp.com/app/landing
TIMETABLE	vu.edu.au/timetables
COURSE REQUIREMENTS	To attain the Bachelor of Biomedical and Exercise Science students will be required to complete 288 credit points consisting of: • 96 credit points of First Year Core studies; • 192 credit points of remaining Core studies.
FURTHER INFORMATION	Unit and course information is available from the University course search site at http://vu.edu.au/course-search or go to https://askvu.vu.edu.au or Phone VUHQ on 03 9919 6100
COURSE CHAIR	Sean Yan
COURSE ADVICE	AskCUA https://askvu.vu.edu.au/app/askcua

Note: Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Core/Elective Core (a unit that must be completed) & Elective (you have some choice in what you select).

Prerequisites A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Date of Publication: This information is accurate as of October 21, 2025 and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their Course and Unit Advisor for enrolment assistance.

COURSE DELIVERY PLAN 2026

YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RCS1601	Chemistry 1A	Core	1B2, 1B3, 1B4, 2B1	12	FP , SA	
AHE1202	Biomechanics	Core	1B2, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP	
RBM1200	Functional Anatomy of the Limbs	Core	2B1, 2B2, 2B3, 2B4	12	SA	
RCS1602	Chemistry 1B	Core	2B1, 2B2, 2B3, 2B4	12	FP, SA	RCS1601
SCL1003	Exercise and Sport Psychology	Core	1B1, 1B2, 1B3, 2B1	12	FP	
RBM1100	Functional Anatomy of the Trunk	Core	1B1, 1B2, 1B3, 1B4, 2B3	12	SA	
RBM1518	Human Physiology 1	Core	1B2, 1B3, 1B4, WB1	12	FP, SA	
RBM1528	Human Physiology 2	Core	1B4, 2B1, 2B2, 2B3, 2B4	12	FP, SA	RBM1518

COURSE DELIVERY PLAN 2026

YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RBM2560	Medical Biochemistry	Core	1B1, 1B2, 1B3, 1B4	12	FP	RBM1528 or RBF1310, and RCS1602
RBM2100	Rehabilitation Anatomy	Core	1B1, 1B2, 1B3	12	SA	RBM1200 or AHE1101, and AHE2202
RBM2530	Pathophysiology 1	Core	1B1, 1B3, 1B4, WB1	12	FP	RBM1518, and RBM1528
AHE2006	Exercise Interventions for Healthy Populations	Core	1B1, 1B2, 1B3, 1B4, SB1, WB1	12	FP	SCL1002 or RBM1528
AHE2127	Motor Learning	Core	1B1, 1B2, 1B3, 2B1, 2B2, 2B3, 2B4, SB1, WB1	12	FP	
RBM2800	Cardiorespiratory and Renal Physiology	Core	2B1, 2B2, 2B3	12	FP, SA	RBM1528
AHE2102	Sports Biomechanics	Core	2B3	12	FP	AHE1202 or NEF1102
RBM2540	Pathophysiology 2	Core	2B2, 2B3, 2B4	12	FP	RBM2530

COURSE DELIVERY PLAN 2026

YEAR 3

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
HBM3104	Exercise Is Medicine	Core	1B2	12	FP	RBM2560 and RBM2800
RBM3264	Advanced Nerve and Muscle Physiology	Core	1B1, 1B3	12	SA	RBM2800
AHE3100	Advanced Exercise Physiology	Core	1B1, 1B2, 1B3, WB1	12	FP	SCL1002 or RBM1528
HBM3101	Research Methods	Core	1B2, 1B3, 1B4	12	FP	
HBM3105	Research Project	Core	2B1, 2B2	12	SA	HBM3101
SCL3003	Corrective Exercise Prescription and Injury Management	Core	2B1, 2B2	12	FP	
AHE3126	Motor Control	Core	2B1, 2B2, 2B3, WB1	12	FP	
RBM3265	Exercise Biochemistry and Integrated Metabolism	Core	2B2, 2B4	12	FP	RBM2560