

COURSE DELIVERY PLAN 2026

Master of Clinical Exercise Science and Rehabilitation

COURSE CODE: AMEP

CAMPUS	Footscray Park (FP)
COLLEGE	College of Sport, Health and Engineering
STUDY MODE	Full Time or Part Time
DURATION	1.5 years Full Time or Part Time equivalent
FEE TYPE	For information on course fees, refer to http://vu.edu.au/fees
APPLICATION METHOD	Direct Application - https://gotovu.custhelp.com/app/landing
TIMETABLE	vu.edu.au/timetables
COURSE REQUIREMENTS	<p>To attain the Master of Clinical Exercise Science and Rehabilitation, students will be required to complete 144 credit points consisting of:</p> <ul style="list-style-type: none">• 120 credit points core units• 24 credit points coursework/thesis units (Option 1 or 2) <p>OPTION 1 - Additional Coursework Units</p> <ul style="list-style-type: none">• 12 credit points SCL6004 Pain Science• 12 credit points SCL7005 Complex Cases in Clinical Exercise Physiology <p>OR</p> <p>OPTION 2 - Thesis</p> <ul style="list-style-type: none">• 24 credit points SCL7001 Minor Thesis
FURTHER INFORMATION	Unit and course information is available from the University course search site at http://vu.edu.au/course-search or go to https://askvu.vu.edu.au or Phone VUHQ on 03 9919 6100
COURSE CHAIR	Matthew Clarkson Chris Mesagno
COURSE ADVICE	AskCUA https://askvu.vu.edu.au/app/askcua

Note: Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Core/Elective Core (a unit that must be completed) & Elective (you have some choice in what you select).

Prerequisites A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Date of Publication: This information is current at the publication date: 2/10/2025. It is provided as information only and does not form part of a contract between any person and Victoria University.



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Victoria University CRICOS Provider No. 00124K (Melbourne), 02475D (Sydney and Brisbane)

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YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SCL6003	Introduction to Clinical Exercise Physiology	Core	1B1, 2B1	12	FP	
SCL6202	Exercise Assessments and Interventions for Musculoskeletal Conditions	Core	1B2	12	FP	
SCL6104	Clinical Exercise Practice	Core	1B3, 2B4	12	FP	
SCL6002	Exercise and Mental Health	Core	1B4	12	FP	
SCL6000	Exercise Assessments and Interventions for Cardiorespiratory Conditions	Core	1B1, 2B1	12	FP	
SCL6001	Exercise Assessments and Interventions for Metabolic Conditions and Cancer	Core	2B2	12	FP	
SCL6203	Exercise Assessments and Interventions for Neurological Conditions	Core	2B3	12	FP	
Option 1						
SCL6004	Pain Science	PA Elective	2B4	12	F{	

YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
Option 1						
SCL7006	Exercise Physiology Practicum 1	PA Elective	1B2, 2B2	12	OSP	SCL6104
SCL7007	Exercise Physiology Practicum 2	Core	1B3, 2B3	12	OSP	
SCL7008	Clinical Exercise Physiology Capstone	Core	1B4, 2B4	12	FP	SCL6104
Option 2						
SCL7001	Minor Thesis	Elective	WB	24	OSP	



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This information is accurate as of October 02, 2025, and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their [Course and Unit Advisor](#) for enrolment assistance