

COURSE DELIVERY PLAN 2026

Bachelor of Psychological Studies

COURSE CODE: ABPA

CAMPUS	Footscray Park (FP)
COLLEGE	College of Sport, Health and Engineering
STUDY MODE	Full Time or Part Time
DURATION	3 years Full Time or Part Time equivalent
FEE TYPE	For information on course fees, refer to http://vu.edu.au/fees
APPLICATION METHOD	VTAC - https://vtac.edu.au Direct Application - https://gotovu.custhelp.com/app/landing
TIMETABLE	vu.edu.au/timetables
COURSE REQUIREMENTS	To attain the Bachelor of Psychological Studies, students will be required to complete 288 credit points, consisting of: • 96 credit points of Core First Year studies; • 120 credit points of Core Psychology studies; • 24 credit points of Psychology Elective studies, and; • 48 credit points of Minor studies.
FURTHER INFORMATION	Unit and course information is available from the University course search site at http://vu.edu.au/course-search or go to https://askvu.vu.edu.au or Phone VUHQ on 03 9919 6100
COURSE CHAIR	Laurie Chapin
COURSE ADVICE	AskCUA https://askvu.vu.edu.au/app/askcua

Note: Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Core/Elective Core (a unit that must be completed) & Elective (you have some choice in what you select).

Prerequisites A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Date of Publication: This information is current at the publication date: 30/09/2025. It is provided as information only and does not form part of a contract between any person and Victoria University.



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YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
ABA1003	Introduction to Sociology	Core	1B1, 1B2, 1B3, 2B1, 2B2, 2B3, 2B4	12	FP	
AEK1203	Indigenous Health and Wellbeing	Core	1B2, 1B3, 1B4, 2B1, 2B2, 2B3, 2B4	12	CC, SA	
APP1012	Psychology 1A	Core	1B2, 1B3, 1B4, 2B2, 2B3	12	FP	
APP1013	Psychology 1B	Core	1B1, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP	APP1012
APP1015	Organisational Skills 1	Core	2B1, 2B2, 2B3, 2B4	12	FP	
APP1016	Foundations of Psychological Research	Core	1B1, 1B3, 2B1, SB1	12	FP	
APP1017	Introduction to Research Methods in Psychology	Core	1B2, 1B3, 1B4, 2B2	12	FP	
HHH1000	Interpersonal Skills and Communication	Core	1B2, 1B3, 1B4, 2B1, 2B2	12	FP	

YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
APP2013	Psychology 2A	Core	1B1, 1B2, 1B3, 1B4, 2B1, WB1	12	FP	APP1012, APP1013
	Minor 1 - Unit 1	Minor		12		
HPP2001	Developmental Psychology	Core	1B1, 1B3, 1B4, 2B2	12	FP	APP1013
	Psychology Elective 1	Elective		12		
APP2014	Psychology 2B	Core	1B3, 2B1, 2B2, 2B3, 2B4	12	FP	APP2013



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	Minor 1 - Unit 2	Minor		12		
APS2040	Quantitative Social Research Methods 1	Core	2B1, 2B2, 2B3	12	FP	APP2013
APS2030	Qualitative Social Research Methods 1	Core	1B1, 1B2, 1B4, 2B4	12	FP	APP1013

YEAR 3

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
APP3034	History, Theories and Practice of Psychology	Core	1B1, 1B2, 1B4, 2B2	12	FP	APP2014; and HPP2001
APP3035	Research Methods in Psychology	Core	1B1, 1B2, 1B4, WB1	12	FP	APP2014
	Minor 1 - Unit 3	Minor		12		
APP3023	Psychological Issues in the Workplace	Core	1B2, 1B3, 1B4, 2B1	12	FP	APP2014
APP3028	Fieldwork	Core	1B4, 2B1, 2B2, 2B3	12	FP	APP2014
APP3037	Clinical Aspects of Psychology	Core	2B1, 2B2, 2B3, 2B4	12	FP	APP2014, HPP2001
	Psychology Elective 2	Elective		12		
	Minor 1 - Unit 4	Minor		12		

Psychology Electives

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
APP3015	Counselling Theory and Practice	Elective	1B4, WB, 2B3, 2B4	12	FP	APP2013
APP3018	Organisations and Work	Elective	1B4, 2B4	12	FP	APP2013
APP3027	Relationship and Family Wellbeing	Elective	1B2, 1B3, 2B1	12	FP	APP2013
APP3019	Psychobiology	Elective	1B1, 1B3, 2B3	12	FP	APP2013
APP3016	Group Behaviour	Elective	2B3, 2B4	12	FP	APP2013



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List of minor/s available in this course

HMIHLT	Health
HMIATN	Applied Health Nutrition
AMIHIS	History
AMIGEN	Gender Studies
AMISLY	Sociology
HMIIOS	Interpersonal Organisation Skills
HMIIND	Indigenous Health

Health HMIHLT

The Health minor provides an integrated group of units in the area of Global Health and Health Promotion. It covers disciplinary knowledge in promoting health with a focus on contemporary challenges relating to principles and practices from social and behavioural science, to develop, implement and evaluate programs and policies that promote optimal health and population 'health and well-being'. Students will develop their skills in oral communication, critical analysis and different forms of writing for audiences.

Students choosing the minor, HMIHLT Health, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
HHB2301	Health Promotion	Minor	1B1, 1B3, 1B4, 2B1	12	ORT, SA	
HHB2402	Health Program Planning and Evaluation	Minor	2B3, 2B4	12	ORT, SA	
HFB3136	Career and Professional Development	Minor	1B1, 2B4, WB1	12	ORT	HFB2223; and HFB2234; and HFB2232; and HFB2233; or
SHE3001	Social Bases of Health: Global Perspectives	Minor	1B1, 1B2, 1B3, 2B2, 2B3, 2B4, SB1, WB1	12	FP	

Applied Health Nutrition HMIATN

This minor uses student-centred learning activities to develop an interdisciplinary knowledge of nutrition as related to health, wellness and illness and their determinants. Through the use of case-based learning opportunities, students gain practical skills related to application and interpretation of evidence-based nutrition knowledge within the scope of practice in their chosen career.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AHE2005	Nutrition and Diet for Exercise and Physical Education	Minor	1B1, 1B3, 1B4, 2B1,	12	FP, ORT	



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2B2, 2B3,
2B4, WB1

HHN2001	Family Health and Nutrition Through the Lifespan	Minor	1B2	12	FP , ORT	
HHN2402	Diet & Disease	Minor	2B1	12	FP	
HHN3002	Sport and Exercise Nutrition	Minor	2B3	12	FP	HHN2001; or HBM2103; or

History AMIHIS

Knowledge of the past has always been central to human awareness. For more than a century, the study of History has underpinned the Western liberal tradition. History is connected with the search for meaning. It conveys communal memory, creating a sense of personal and group identity by locating individuals in time and space. The study of History offers each of us the chance to understand, even bridge, other cultures. The minor in History offers opportunities to sample this diverse human experience. Our aim is to both challenge and excite you as you move through the study of History, beyond your own lives to those of people in other times and other places. We also aim to develop an appreciation of the contributions historians make to an understanding of contemporary society.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AAH2002	The World before 1770	Minor	1B1, 2B2	12	FP	
AAH2003	European Revolution and War	Minor	1B4, 2B4	12	FP	
AAH2004	Divided Europe	Minor	1B2	12	FP	
AAH3001	Histories of Immigrant Australia	Minor	1B2, 2B4	12	FP	

Gender Studies AMIGEN

Gender is one of the major ways that human society is organised, whether considered from a social or cultural perspective. Gender Studies has developed over the last three decades into a complex and influential academic specialisation. The ideas of Gender Studies, and in particular the theories and practices of feminism, have significantly shifted the ways of knowing across many fields of academic inquiry. The Gender Studies minor provides you with a critical education in major theories and applications about the place of gender.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
ACW2020	Sex and Gender	Minor	1B2, 2B4	12	FP	
ACW2024	Gender in Public Life	Minor	1B1, 1B3, 2B1	12	FP	
ACW2026	Gender in Popular Culture	Minor	2B3	12	FP	
ACW3028	Gender, Community and Social Change	Minor	WB1	12	FP	



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Sociology AMISLY

The Sociology Minor begins with an overview of sociology – an introduction to how we might go about applying the sociological imagination to a wide range of aspects of contemporary social arrangements, and includes a focus on core sociological concepts: how aspects of public order and 'the normal' are social phenomena, how one's identities are forged in a social context, and how power is exercised by the way everyday life is structured in space and through the way we come to 'know' the world.

Sociologists study a wide variety of topics, including: education, work and unemployment; the family; health, sex, gender and sexuality; ethnicity and racism; equality, opportunity and inequality; and crime, law and social justice. The Sociology Minor aims to foster students' critical analytical skills and to offer opportunities to apply sociological tools of analysis to their own inquiries into contemporary social life.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
ASS2002	Social Worlds, Social Policy	Minor	2B1, 2B3	12	FP	
ASS2004	Sociology of Social Control	Minor	1B1, 2B4	12	FP	
ASS2009	Making Modern Identities	Minor	2B4	12	FP	
ASS3050	Migration, Mobility and Globalisation	Minor	1B2, 1B4	12	FP	

Interpersonal Organisation Skills HMIIOS

The Interpersonal Organisation Skills minor consists of a set of applied psychology and skills-based units. Students will gain an understanding of interpersonal and communication, counselling, and organisational psychology theories. The focus will be on the integration of this theoretical knowledge with experiential skills based activities. In this minor students will be provided with opportunities to enhance their self-awareness, foster their skills in working with individuals, develop effective group membership skills and understand how organisational processes impact on the well being of individuals. Completion of this minor provides experience and knowledge in a range of applied skills which assist students in applying their learning directly to the problems and challenges they will find working with individuals, groups and organisations in their professional lives.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
APP2023	Interpersonal Skills 2	Minor	1B3, 1B4, 2B3	12	FP	HHH1000
APP2024	Organisational Skills 2	Minor	2B2, 2B4	12	FP	APP1015
APP3015	Counselling Theory and Practice	Minor	1B4, 2B3, 2B4, WB1	12	FP	APP2013
APP3018	Organisations and Work	Minor	1B4, 2B4	12	FP	APP2013

Indigenous Health HMIIND

In the Indigenous Health Minor, students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include



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history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through a series of multi-disciplinary units and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students will explore contemporary community interventions used by Australian Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AEK1105	Aboriginal Traditions and Policy	Minor	1B2, 1B3, 1B4	12	FP	
AEK1204	Aboriginal History and Political Movements	Minor	2B1, 2B2, 2B3, 2B4	12	FP	
AEK2203	Indigenous Perspectives On Sustainability	Minor	1B4, WB1	12	FP	AEK1105; or AEK1106; or AEK1204
AEK2205	Politics of Aboriginal Art	Minor	1B3	12	FP	AEK1105; or AEK1204



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