

COURSE DELIVERY PLAN 2026

Master of Mental Health (Online Delivery) COURSE CODE: HMMH

Campus	VU Online
College	Sport, Health and Engineering
Study Mode	Part-time
Duration	2 years
Fee Type	Fee information available from https://www.vu.edu.au/study-at-vu/fees-scholarships/course-tuition-fees
Application Method	Direct Application: https://www.vu.edu.au/study-at-vu/apply-to-vu
Timetable	N/A
Course Requirements	To attain the Master of Mental Health, students must successfully complete 144 credit points (equivalent to 12 units) in total, consisting of: Eleven (11) Core units (equivalent to 132 credit points) One (1) elective unit (equivalent to 12 credit points) Students are able to graduate with a Graduate Certificate in Mental Health or a Graduate Diploma of Mental Health (Diploma exit award only) after they have completed the first four (4) and eight (8) respectively, as outlined below.
Further Information	Unit (subject) and course information is available from the University course search site at vu.edu.au/course-search OR https://online.vu.edu.au/online-courses/master-public-health
Course Advice	VU Online Student Success Advisor – telephone: 1300 049 053
Course Coordinator	Associate Professor Christopher Fisher Email: Christopher.Fisher@vu.edu.au

The following course structure is designed to help students track their progress through the course.
 NB: This course structure is subject to change.

This information is current at the publication date, September 2025
 It is provided as information only and does not form part of a contract between any person and Victoria University.

YEAR 1 (2026)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO6012	Effective Trauma-Informed Care	Core	1	12	VU Online	Nil
HNO6009	Biopsychosocial and Cultural Perspectives in Mental Health	Core	2	12	VU Online	Nil
HNO6010	Recovery Oriented Mental Health	Core	3	12	VU Online	Nil
HNO6011	Biopsychosocial and Cultural Perspectives in Mental Health	Core	4	12	VU Online	Nil

STUDENTS ARE ABLE TO GRADUATE WITH A GRADUATE CERTIFICATE IN MENTAL HEALTH AFTER HAVING COMPLETED THE ABOVE 4 UNITS

HNO6013	Mental Health in Later Life	Core	5	12	VU Online	Nil
HNO6004	Evidence and Research for Practice	Core	6	12	VU Online	Nil

YEAR 2 (2027)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO6014	Introduction to Child and Adolescent Mental Health	Core	1	12	VU Online	Nil
HNO7013	Psychological Therapies	Core	2	12	VU Online	Nil

STUDENTS ARE ABLE TO EXIT THE MASTER QUALIFICATION WITH A GRADUATE DIPLOMA OF MENTAL HEALTH AFTER HAVING COMPLETED THE ABOVE 8 UNITS (EXIT AWARD ONLY)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO7014	Perspectives on Addictive Behaviours	Core	3	12	VU Online	Nil
HNO7901	Research Project	Core	4,6	12	VU Online	Nil
HNO7012	Assessment in Mental Health	Core	5	12		

Select one (1) elective from this list:

HNO7011	Pharmacology & Therapeutics in Mental Health	Core	4	12	VU Online	Nil
HNO6015	Child and Adolescent Engagement and Assessment	Core	6	12	VU Online	Nil

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