

Bachelor of Health Science

Course code: HBHL (Commencing 2BI 2025)

Course Requirements

To successfully attain the Bachelor of Health Science, students will be required to complete 288 credit points consisting of:

- 96 credit points of First Year Core studies
- 96 credit points of Public Health Major studies

Plus One of the following:

Option A:

- 96 credit points of Indigenous Health Major studies

Or

Option B:

- 96 credit points of Minor studies (Two Minor sets in total).

Students that complete the first year of College Core studies can elect to graduate with the following (Option A) double Major:

- Majors in Public Health and Indigenous Health.

Students that complete the first year of College Core studies and a single Major in Public Health, can elect to graduate with (Option B) two minors to complement their Major, as follows:

- Indigenous Health (HMIIND)
- Health (Sport Science Minor) (SMIHEA)
- Health and Nutrition (HMIHNU), and
- Bioscience (HMIBIO).

Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Credit Points

A credit point is used to measure the study load for a unit. A standard unit consists of 12 credit points, with each completed unit's credit points adding up to meet your required total of credit points to complete your course.

Further Information

Unit and course information is available from the University course search site at <http://vu.edu.au/course-search> or go to <https://askvu.vu.edu.au> or Phone VUHQ on 03 9919 6100

Campus

St Albans (SA)

College

College of Sport, Health and Engineering

Study Mode

Full Time or Part Time

Duration

3 years Full Time or Part Time equivalent

Fee Type

For information on course fees, refer to <http://vu.edu.au/fees>

Application Method

VTAC - <https://vtac.edu.au>
Direct Application - <https://gotovu.custhelp.com/app/landing>

Timetable

vu.edu.au/timetables

Course Chair

Jerome Rachele

Course Advice

AskCUA - <https://askvu.vu.edu.au/app/askcua>

Year 1

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HHB1104	Introduction to Public Health and Wellness	Core	2B1	12	FP	
AEK1203	Indigenous Health and Wellbeing	Core	2B2	12	SA	
HBM1001	Anatomy and Physiology 1	Core	2B3	12	SA	
HBM1202	Anatomy and Physiology 2	Core	2B4	12	SA	HBM1001

Please Note: Study sequence from Semester 2 2026 onwards will be determined by what Majors/Minors you select to study. Please see you Course & Unit Advisor for further assistance with sequencing and enrolling these units.

Year 2

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HCM1000	Professional Communication	Core	1B1	12	SA	
HPC1000	Introduction to Human Nutrition and Food	Core	1B2	12	FP	
HHB1105	Evidence and Health 1	Core	1B3	12	SA	
HHB1204	Australian Health and Social Care Systems and Policy	Core	1B4	12	SA	
Major/Minor Unit		Major		12		
		Minor				
Major/Minor Unit		Major		12		
		Minor				
Major/Minor Unit		Major		12		
		Minor				
Major/Minor Unit		Major		12		
		Minor				

Prerequisites

A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Core

A unit that must be completed

Major

The subject area that you will specialise in during your degree, comprising a set of units within a particular discipline. For example, a business degree has majors such as marketing and banking & finance. At Victoria University a major is made up of 96 credit points (equivalent to 8 units)

Minor

A subject area that is the second focus of a degree, comprising a smaller set of units than a major within a particular discipline. At Victoria University a minor is made up of 48 credit points (equivalent to 4 units).

Year 3

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
	Major/Minor Unit	Major	1B1	12		
		Minor				
	Major/Minor Unit	Major	1B2	12		
		Minor				
	Major/Minor Unit	Major	1B3	12		
		Minor				
	Major/Minor Unit	Major	1B4	12		
		Minor				
	Major/Minor Unit	Major	2B1	12		
		Minor				
	Major/Minor Unit	Major	2B2	12		
		Minor				
	Major/Minor Unit	Major	2B3	12		
		Minor				
	Major/Minor Unit	Major	2B4	12		
		Minor				

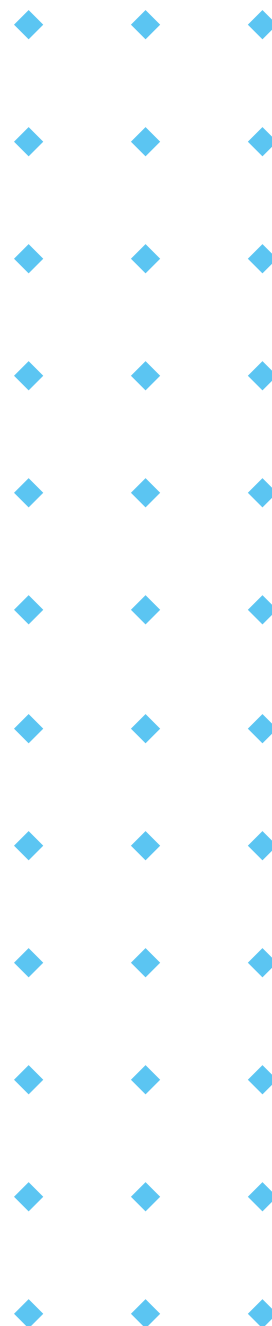
Year 4

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
	Major/Minor Unit	Major	1B1	12		
		Minor				
	Major/Minor Unit	Major	1B2	12		
		Minor				
	Major/Minor Unit	Major	1B3	12		
		Minor				
	Major/Minor Unit	Major	1B4	12		
		Minor				

Compulsory Majors	
HMAPBH	Public Health

Approved Majors	
HMAIND	Indigenous Health

Approved Minors	
HMIBIO	Bioscience
HMIHNU	Health and Nutrition
SMIHEA	Health (Sport Science Minor)
HMIIND	Indigenous Health



Majors

Public Health - HMAPBH

The Public Health Major provides students with knowledge and skills in Public Health and Health Promotion. The major develops the student's knowledge base in Public Health and Health Promotion and focuses on the application of knowledge, policy, and research in improving the health of populations. Students completing this major will have an understanding and perspective on how to address contemporary health problems related to critical social and behavioural factors that influence health outcomes.

Students choosing the minor, HMAPBH Public Health, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
ASW2103	Human Development in Social Context	Major		12	FP	
HFB2104	Introduction to Research Methods	Major		12	ORT	HFB1110 and HHB1104
HFB3136	Career and Professional Development	Major		12	ORT	HFB2223, HFB2234, HFB2232 and HFB2233 or HHB2000
HFB3200	Pinnacle Venture	Major		12	SA	HFB3136 and HHB2301
HHB2000	Social Epidemiology	Major		12	FP, ORT	HHB1104 and HHB1204
HHB2301	Health Promotion	Major		12	ORT, SA	
HHB2402	Health Program Planning and Evaluation	Major		12	ORT	
SHE3001	Social Bases of Health: Global Perspectives	Major		12	FP	
Or alternative unit for students undertaking SMIHEA Health (Sport Science Minor)						
SHE1002	Growth Development and Ageing	Major		12	FP	

Semester Dates

For accurate, up-to-date semester dates for this major, please go to [MyVU](#).

Majors

Indigenous Health - HMAIND

The Indigenous Health Major builds on the Indigenous Health Minor to provide students with a complete context and understanding of the cultural and historical factors that need to be considered when developing and implementing health programs for Australian Aboriginal populations.

Students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through an inter-disciplinary unit set, and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students may explore contemporary health and community interventions used by Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

A group research project will be presented in relation to Australian Aboriginal health, representing discipline and multi-disciplinary approaches through detailed action plans.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
AEK1105	Aboriginal Traditions and Policy	Major		12	FP	
AEK1204	Aboriginal History and Political Movements	Major		12	ORT	
AEK2203	Indigenous Perspectives On Sustainability	Major		12	FP	AEK1105 or AEK1106 or AEK1204
AEK2205	Politics of Aboriginal Art	Major		12	FP	AEK1105 or AEK1204
AEK3203	Working Ethically in Aboriginal Community	Major		12	FP	AEK1105 or AEK1204 and AEK2203 or AEK2205
AEK3204	Aboriginal Political and Reflective Learning	Major		12	FP	
HBM3105	Research Project	Major		12	SA	HBM3101
SHE3002	Health Policy and Promotion	Major		12	FP	

Semester Dates

For accurate, up-to-date semester dates for this major, please go to [MyVU](#).

Minors

Bioscience - HMIBIO

The Bioscience minor builds on the first year units of Bioscience 1 and 2, and examines the natural physiological changes that occur throughout the life cycle; introducing students to the major pathological disease processes of the body via discussions on the basis for preventative interventions and management of important pathological conditions.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HBM3106	Reproductive and Developmental Biology	Minor		12	SA	
HBM3205	Clinical Genetics and Cellular Basis of Disease	Minor		12	FP, ORT	
RBM2530	Pathophysiology 1	Minor		12	FP	RBM1518 and RBM1528
RBM2540	Pathophysiology 2	Minor		12	FP	RBM2530

Health and Nutrition - HMIHNU

The Health and Nutrition Minor introduces the student to the role nutrition plays in individual health and populations through the lifespan. Upon completion of the minor students will have an understanding of the link between nutrition and health, wellness and illness and their determinants.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HBM2103	Digestion, Nutrition and Metabolism	Minor		12	SA	RBM1528 or RBM1174 or HBM1202
HHN2001	Family Health and Nutrition Through the Lifespan	Minor		12	FP, ORT	
HHN2402	Diet & Disease	Minor		12	FP, ORT	
HHN3002	Sport and Exercise Nutrition	Minor		12	FP	HHN2001 or HBM2103

Semester Dates

For accurate, up-to-date semester dates for these minors, please go to [MyVU](#).

Minors

Health (Sport Science Minor) - SMIHEA

Being healthy is important to all of us. Our health is influenced by a range of individual and behavioural factors as well as physical and social environments. Studying health will help you to develop skills and knowledge to make decisions about your own health, inform others, and also to recognise the importance of health in society. You will also become aware of how to support and promote healthy behaviours of others. The minor in Health provides you with an understanding of the individual and societal influences on health and human development. You will study areas covering adolescent health, sexuality and relationships, social bases of health and health promotion and policy.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
SHE2001	Adolescent Health	Minor		12	FP	
SHE2002	Sexuality and Relationships	Minor		12	FP	
SHE3001	Social Bases of Health: Global Perspectives	Minor		12	FP	
SHE3002	Health Policy and Promotion	Minor		12	FP	

Indigenous Health - HMIIND

In the Indigenous Health Minor, students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through a series of multi-disciplinary units and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students will explore contemporary community interventions used by Australian Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
AEK1105	Aboriginal Traditions and Policy	Minor		12	FP	
AEK1204	Aboriginal History and Political Movements	Minor		12	ORT	
AEK2203	Indigenous Perspectives On Sustainability	Minor		12	FP	AEK1105 or AEK1106 or AEK1204
AEK2205	Politics of Aboriginal Art	Minor		12	FP	AEK1105 or AEK1204

Semester Dates

For accurate, up-to-date semester dates for these minors, please go to [MyVU](#).