

# Bachelor of Health Science

Course code: HBHL (Commencing 1B3 2025)

## Course Requirements

To successfully attain the Bachelor of Health Science, students will be required to complete 288 credit points consisting of:

- 96 credit points of First Year Core studies
- 96 credit points of Public Health Major studies

Plus One of the following:

Option A:

- 96 credit points of Indigenous Health Major studies

Or

Option B:

- 96 credit points of Minor studies (Two Minor sets in total)

Students that complete the first year of College Core studies can elect to graduate with the following (Option A) double Major:

- Majors in Public Health and Indigenous Health

Students that complete the first year of College Core studies and a single Major in Public Health, can elect to graduate with (Option B) two minors to complement their Major, as follows:

- Indigenous Health (HMIIND)
- Health (Sport Science Minor) (SMIHEA)
- Health and Nutrition (HMIHNU)
- Bioscience (HMIBIO)

Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

## Credit Points

A credit point is used to measure the study load for a unit. A standard unit consists of 12 credit points, with each completed unit's credit points adding up to meet your required total of credit points to complete your course.

## Further Information

Unit and course information is available from the University course search site at <http://vu.edu.au/course-search> or go to <https://askvu.vu.edu.au> or Phone VUHQ on 03 9919 6100

## Campus

St Albans (SA)

## College

College of Sport, Health and Engineering

## Study Mode

Full Time or Part Time

## Duration

3 years Full Time or Part Time equivalent

## Fee Type

For information on course fees, refer to <http://vu.edu.au/fees>

## Application Method

VTAC - <https://vtac.edu.au>  
Direct Application - <https://gotovu.custhelp.com/app/landing>

## Timetable

[vu.edu.au/timetables](http://vu.edu.au/timetables)

## Course Chair

Jerome Rachele

## Course Advice

AskCUA - <https://askvu.vu.edu.au/app/askcua>

## Year 1

| Unit Code                | Unit Title                                           | Unit Type | Sem      | Credit Points | Campus | Pre-Requisites |
|--------------------------|------------------------------------------------------|-----------|----------|---------------|--------|----------------|
| <b>Semester One</b>      |                                                      |           |          |               |        |                |
| HHB1104                  | Introduction to Public Health and Wellness           | Core      | 1B3      | 12            | FP     |                |
| HHB1204                  | Australian Health and Social Care Systems and Policy | Core      | 1B4      | 12            | SA     |                |
| HBM1001                  | Anatomy and Physiology 1                             | Core      | WB1      | 12            | SA     |                |
| <b>Semester Two</b>      |                                                      |           |          |               |        |                |
| HPC1000                  | Introduction to Human Nutrition and Food             | Core      | 2B1      | 12            | FP     |                |
| HHB1105                  | Evidence and Health 1                                | Core      | 2B2      | 12            | SA     |                |
| HBM1202                  | Anatomy and Physiology 2                             | Core      | 2B3      | 12            | SA     | HBM1001        |
| HCM1000                  | Professional Communication                           | Core      | 2B4      | 12            | FP     |                |
| <b>Completed in 2026</b> |                                                      |           |          |               |        |                |
| AEK1203                  | Indigenous Health and Wellbeing                      | Core      | SB1 2026 | 12            | FP     |                |

## Year 2

| Unit Code | Unit Title                           | Unit Type      | Sem | Credit Points | Campus | Pre-Requisites |
|-----------|--------------------------------------|----------------|-----|---------------|--------|----------------|
|           | Major 1 - Unit 1                     | Major          |     | 12            |        |                |
|           | Major 1 - Unit 2                     | Major          |     | 12            |        |                |
|           | Major 2 - Unit 1 Or Minor 1 - Unit 1 | Major<br>Minor |     | 12            |        |                |
|           | Major 2 - Unit 2 Or Minor 1 - Unit 2 | Major<br>Minor |     | 12            |        |                |
|           | Major 1 - Unit 3                     | Major          |     | 12            |        |                |
|           | Major 1 - Unit 4                     | Major          |     | 12            |        |                |
|           | Major 2 - Unit 3 Or Minor 1 - Unit 3 | Major<br>Minor |     | 12            |        |                |
|           | Major 2 - Unit 4 Or Minor 1 - Unit 4 | Major<br>Minor |     | 12            |        |                |

**Students should be enrolling in the above sequence patterns only.** Unit offerings have been created by your discipline for your specific course. If the unit quota is full, please contact [AskCUA](#) for course advice

## Prerequisites

A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

## Core

A unit that must be completed

## Major

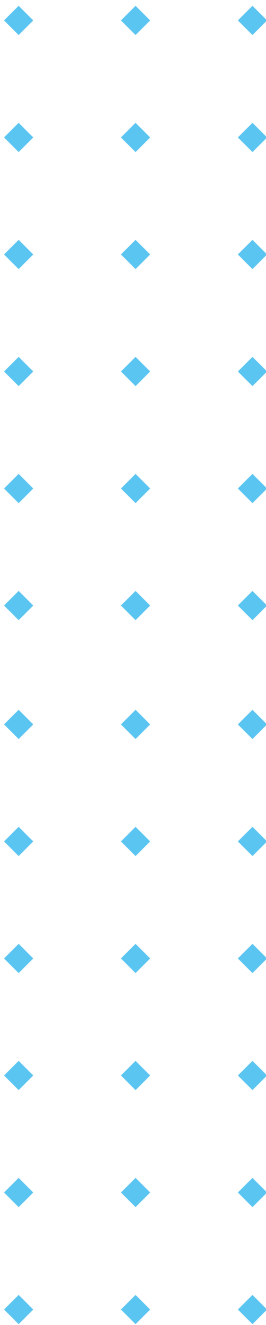
The subject area that you will specialise in during your degree, comprising a set of units within a particular discipline. For example, a business degree has majors such as marketing and banking & finance. At Victoria University a major is made up of 96 credit points (equivalent to 8 units)

## Minor

A subject area that is the second focus of a degree, comprising a smaller set of units than a major within a particular discipline. At Victoria University a minor is made up of 48 credit points (equivalent to 4 units).

Year 3

| Unit Code | Unit Title                              | Unit Type | Sem | Credit Points | Campus | Pre-Requisites |
|-----------|-----------------------------------------|-----------|-----|---------------|--------|----------------|
|           | Major 1 - Unit 5                        | Major     |     | 12            |        |                |
|           | Major 1 - Unit 6                        | Major     |     | 12            |        |                |
|           | Major 2 - Unit 5 Or<br>Minor 2 - Unit 1 | Major     |     | 12            |        |                |
|           |                                         | Minor     |     |               |        |                |
|           | Major 2 - Unit 6 Or<br>Minor 2 - Unit 2 | Major     |     | 12            |        |                |
|           |                                         | Minor     |     |               |        |                |
|           | Major 1 - Unit 7                        | Major     |     | 12            |        |                |
|           | Major 1 - Unit 8                        | Major     |     | 12            |        |                |
|           | Major 2 - Unit 7 Or<br>Minor 2 - Unit 3 | Major     |     | 12            |        |                |
|           |                                         | Minor     |     |               |        |                |
|           | Major 2 - Unit 8 Or<br>Minor 2 - Unit 4 | Major     |     | 12            |        |                |
|           |                                         | Minor     |     |               |        |                |



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## Majors

### Public Health - HMAPBH

The Public Health Major provides students with knowledge and skills in Public Health and Health Promotion. The major develops the student's knowledge base in Public Health and Health Promotion and focuses on the application of knowledge, policy, and research in improving the health of populations. Students completing this major will have an understanding and perspective on how to address contemporary health problems related to critical social and behavioural factors that influence health outcomes.

Students choosing the minor, HMAPBH Public Health, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

| Unit Code                                                                        | Unit Title                                  | Unit Type | Sem | Credit Points | Campus  | Pre-Requisites                                    |
|----------------------------------------------------------------------------------|---------------------------------------------|-----------|-----|---------------|---------|---------------------------------------------------|
| ASW2103                                                                          | Human Development in Social Context         | Major     |     | 12            | FP      |                                                   |
| HFB2104                                                                          | Introduction to Research Methods            | Major     |     | 12            | ORT     | HFB1110 and HHB1104                               |
| HFB3136                                                                          | Career and Professional Development         | Major     |     | 12            | ORT     | HFB2223, HFB2234, HFB2232, and HFB2233 or HHB2000 |
| HFB3200                                                                          | Pinnacle Venture                            | Major     |     | 12            | ORT     | HFB3136 and HHB2301                               |
| HHB2000                                                                          | Social Epidemiology                         | Major     |     | 12            | FP, ORT | HHB1104 and HHB1204                               |
| HHB2301                                                                          | Health Promotion                            | Major     |     | 12            | ORT, SA |                                                   |
| HHB2402                                                                          | Health Program Planning and Evaluation      | Major     |     | 12            | ORT     |                                                   |
| SHE3001                                                                          | Social Bases of Health: Global Perspectives | Major     |     | 12            | FP      |                                                   |
| Or alternative unit for students undertaking SMIHEA Health (Sport Science Minor) |                                             |           |     |               |         |                                                   |
| SHE1002                                                                          | Growth Development and Ageing               | Major     |     | 12            | FP      |                                                   |

### Semester Dates

For accurate, up-to-date semester dates for this major, please go to [MyVU](#).

## Majors

### Indigenous Health - HMAIND

The Indigenous Health Major builds on the Indigenous Health Minor to provide students with a complete context and understanding of the cultural and historical factors that need to be considered when developing and implementing health programs for Australian Aboriginal populations.

Students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through an inter-disciplinary unit set, and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students may explore contemporary health and community interventions used by Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

A group research project will be presented in relation to Australian Aboriginal health, representing discipline and multi-disciplinary approaches through detailed action plans.

| Unit Code | Unit Title                                   | Unit Type | Sem | Credit Points | Campus | Pre-Requisites                            |
|-----------|----------------------------------------------|-----------|-----|---------------|--------|-------------------------------------------|
| AEK1105   | Aboriginal Traditions and Policy             | Major     |     | 12            | FP     |                                           |
| AEK1204   | Aboriginal History and Political Movements   | Major     |     | 12            | FP     |                                           |
| AEK2203   | Indigenous Perspectives On Sustainability    | Major     |     | 12            | FP     | AEK1105 or AEK1106 or AEK1204             |
| AEK2205   | Politics of Aboriginal Art                   | Major     |     | 12            | FP     | AEK1105 or AEK1204                        |
| AEK3203   | Working Ethically in Aboriginal Community    | Major     |     | 12            | FP     | AEK1105 or AEK1204 and AEK2203 or AEK2205 |
| AEK3204   | Aboriginal Political and Reflective Learning | Major     |     | 12            | FP     |                                           |
| HBM3105   | Research Project                             | Major     |     | 12            | SA     | HBM3101                                   |
| SHE3002   | Health Policy and Promotion                  | Major     |     | 12            | FP     |                                           |

### Semester Dates

For accurate, up-to-date semester dates for this major, please go to [MyVU](#).

## Minors

### Bioscience - HMIBIO

The Bioscience minor builds on the first year units of Bioscience 1 and 2, and examines the natural physiological changes that occur throughout the life cycle; introducing students to the major pathological disease processes of the body via discussions on the basis for preventative interventions and management of important pathological conditions.

| Unit Code | Unit Title                                      | Unit Type | Sem | Credit Points | Campus  | Pre-Requisites      |
|-----------|-------------------------------------------------|-----------|-----|---------------|---------|---------------------|
| HBM3106   | Reproductive and Developmental Biology          | Minor     |     | 12            | SA      |                     |
| HBM3205   | Clinical Genetics and Cellular Basis of Disease | Minor     |     | 12            | FP, ORT |                     |
| RBM2530   | Pathophysiology 1                               | Minor     |     | 12            | FP      | RBM1518 and RBM1528 |
| RBM2540   | Pathophysiology 2                               | Minor     |     | 12            | FP      | RBM2530             |

### Health and Nutrition - HMIHNU

The Health and Nutrition Minor introduces the student to the role nutrition plays in individual health and populations through the lifespan. Upon completion of the minor students will have an understanding of the link between nutrition and health, wellness and illness and their determinants.

| Unit Code | Unit Title                                       | Unit Type | Sem | Credit Points | Campus  | Pre-Requisites                |
|-----------|--------------------------------------------------|-----------|-----|---------------|---------|-------------------------------|
| HBM2103   | Digestion, Nutrition and Metabolism              | Minor     |     | 12            | SA      | RBM1528 or RBM1174 or HBM1202 |
| HHN2001   | Family Health and Nutrition Through the Lifespan | Minor     |     | 12            | FP, ORT |                               |
| HHN2402   | Diet & Disease                                   | Minor     |     | 12            | FP, ORT |                               |
| HHN3002   | Sport and Exercise Nutrition                     | Minor     |     | 12            | FP      | HHN2001 or HBM2103            |

### Semester Dates

For accurate, up-to-date semester dates for these minors, please go to [MyVU](#).

## Minors

### Health (Sport Science Minor) - SMIHEA

Being healthy is important to all of us. Our health is influenced by a range of individual and behavioural factors as well as physical and social environments. Studying health will help you to develop skills and knowledge to make decisions about your own health, inform others, and also to recognise the importance of health in society. You will also become aware of how to support and promote healthy behaviours of others. The minor in Health provides you with an understanding of the individual and societal influences on health and human development. You will study areas covering adolescent health, sexuality and relationships, social bases of health and health promotion and policy.

| Unit Code | Unit Title                                  | Unit Type | Sem | Credit Points | Campus | Pre-Requisites |
|-----------|---------------------------------------------|-----------|-----|---------------|--------|----------------|
| SHE2001   | Adolescent Health                           | Minor     |     | 12            | FP     |                |
| SHE2002   | Sexuality and Relationships                 | Minor     |     | 12            | FP     |                |
| SHE3001   | Social Bases of Health: Global Perspectives | Minor     |     | 12            | FP     |                |
| SHE3002   | Health Policy and Promotion                 | Minor     |     | 12            | FP     |                |

### Indigenous Health - HMIIND

In the Indigenous Health Minor, students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through a series of multi-disciplinary units and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students will explore contemporary community interventions used by Australian Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

| Unit Code | Unit Title                                 | Unit Type | Sem | Credit Points | Campus | Pre-Requisites                |
|-----------|--------------------------------------------|-----------|-----|---------------|--------|-------------------------------|
| AEK1105   | Aboriginal Traditions and Policy           | Minor     |     | 12            | FP     |                               |
| AEK1204   | Aboriginal History and Political Movements | Minor     |     | 12            | FP     |                               |
| AEK2203   | Indigenous Perspectives On Sustainability  | Minor     |     | 12            | FP     | AEK1105 or AEK1106 or AEK1204 |
| AEK2205   | Politics of Aboriginal Art                 | Minor     |     | 12            | FP     | AEK1105 or AEK1204            |

### Semester Dates

For accurate, up-to-date semester dates for these minors, please go to [MyVU](#).