

Bachelor of Human Nutrition

Course code: HBNT

Course Requirements

To attain the Bachelor of Human Nutrition, students will be required to complete 288 credit points consisting of:

- 48 credit points of First Year Core studies
- 144 credit points of Professional Core studies
- 96 credit points of Minor studies (2 x minors)

Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

Credit Points

A credit point is used to measure the study load for a unit. A standard unit consists of 12 credit points, with each completed unit's credit points adding up to meet your required total of credit points to complete your course.

Further Information

Unit and course information is available from the University course search site at <http://vu.edu.au/course-search> or go to <https://askvu.vu.edu.au> or Phone VUHQ on 03 9919 6100

Campus

Footscray Park (FP)

College

College of Sport, Health and Engineering

Study Mode

Full Time or Part Time

Duration

3 years Full Time or Part Time equivalent

Fee Type

For information on course fees, refer to <http://vu.edu.au/fees>

Application Method

VTAC - <https://vtac.edu.au>
Direct Application - <https://gotovu.custhelp.com/app/landing>

Timetable

vu.edu.au/timetables

Course Chair

Helen McCarthy

Course Advice

AskCUA - <https://askvu.vu.edu.au/app/askcua>

Year 1

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
RBM1820	Nutrition, Society and Communication	Core	1B1	12	FN	
RCS1601	Chemistry 1A	Core	1B2	12	FP, SA	
HHH1000	Interpersonal Skills and Communication	Core	1B3	12	FP	
RBM1518	Human Physiology 1	Core	1B4	12	FP, SA	
HPC1000	Introduction to Human Nutrition and Food	Core	2B1	12	CC, FP	
RCS1602	Chemistry 1B	Core	2B2	12	FP, SA	RCS1601
RBM1528	Human Physiology 2	Core	2B3	12	FP, SA	RBM1518
HPC1001	Food Components	Core	2B4	12	FN	RCS1601

Year 2

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
	Minor 1 - Unit 1	Minor	1B1	12		
HHN2001	Family Health and Nutrition Through the Lifespan	Core	1B2	12	FP, ORT	HPC1000
	Minor 1 - Unit 2	Minor	1B3	12		
HFS2001	Properties of Food	Core	1B4	12	W	HPC1000
HHN2402	Diet & Disease	Core	2B1	12	FP, ORT	
HBM2105	Medical Microbiology and Immunity	Core	2B2	12	SA	RBM1528 or RBF1310
	Minor 1 - Unit 3	Minor	2B3	12		
	Minor 1 - Unit 4	Minor	2B4	12		

Prerequisites

A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Core

A unit that must be completed

Minor

A subject area that is the second focus of a degree, comprising a smaller set of units than a major within a particular discipline. At Victoria University a minor is made up of 48 credit points (equivalent to 4 units).

Year 3

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites	◆	◆	◆
	Minor 2 - Unit 1	Minor	1B1	12			◆	◆	◆
HBM3101	Research Methods	Core	1B2	12	FP	HHN2402 and HBM2105	◆	◆	◆
HHN3601	Nutrition Communication and Education	Core	1B3	12	W	HHN2402 and HFS2001	◆	◆	◆
	Minor 2 - Unit 2	Minor	1B4	12			◆	◆	◆
HBM3105	Research Project	Core	2B1	12	SA	HBM3101	◆	◆	◆
HHN3502	Community & Public Health Nutrition	Core	2B2	12	W	HHN3601	◆	◆	◆
	Minor 2 - Unit 3	Minor	2B3	12			◆	◆	◆
	Minor 2 - Unit 4	Minor	2B4	12			◆	◆	◆
							◆	◆	◆
							◆	◆	◆
							◆	◆	◆
							◆	◆	◆
							◆	◆	◆
							◆	◆	◆
							◆	◆	◆
							◆	◆	◆

Minors

Minor Selections

Approved Minors	
HMIBNU	Biomedical Nutrition
HMIPHN	Public Health Nutrition
HMIENT	Exercise and Nutrition

Biomedical Nutrition - HMIBNU

After developing a solid grounding in science, this group of units allows students to pursue a minor in Biomedical Nutrition. This minor is a prerequisite for entry into a dietetics postgraduate program as well as meeting a biochemistry requirement for VIT Chemistry teaching.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
RBM2530	Pathophysiology 1	Minor		12	FP	RBM1518 and RBM1528
RBM2540	Pathophysiology 2	Minor		12	FP	RBM2530
RBM2560	Medical Biochemistry	Minor		12	FP, SA	RBM1528 or RBF1310 and RCS1602
RBM3265	Exercise Biochemistry and Intergrated Metabolism	Minor		12	FP, SA	RBM2560

Semester Dates

For accurate, up-to-date semester dates for this minor, please go to [MyVU](#).

Minors

Public Health Nutrition - HMIPHN

This minor provides an integrated group of units in Public Health Nutrition. It covers disciplinary knowledge in Public Health Nutrition with a focus on contemporary challenges relating to principles and practices from social and behavioral science to develop, implement and evaluation of programs and policies that promote optimal nutrition and population health and well-being. Students will develop their skills in oral communication, critical analysis and different forms of writing for audiences. Assessment tasks across the minor include short exercises, group projects, oral presentations, essays, and formal examinations.

Students choosing the minor, HMIPHN Public Health Nutrition, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HHB2000	Social Epidemiology	Minor		12	ORT, SA	
HHB2301	Health Promotion	Minor		12	ORT, SA	
HHB2402	Health Program Planning and Evaluation	Minor		12	ORT, SA	
SHE3001	Social Bases of Health: Global Perspectives	Minor		12	FP	

Exercise and Nutrition - HMIENT

After developing a solid grounding in science, this minor allows students to develop knowledge and skills relevant to Exercise and Nutrition. Students will learn fundamentals of recreation program planning, development and implementation, the design and delivery of exercise and physical activity services for apparently healthy individuals, as well as the relationship between regular physical activity (or lack thereof) and the incidence and severity of lifestyle related diseases and an understanding of the nutritional requirements for sport and exercise performance. Students will develop their skills in oral communication, critical analysis and different forms of writing for audiences.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
SSM2104	Programming for Sport Development and Community Action	Minor		12	CC, FP	
AHE2006	Exercise Interventions for Healthy Populations	Minor		12	FP	SCL1002 or RBM1528
HHN3002	Sport and Exercise Nutrition	Minor		12	FP	HHN2001 or HBM2103
SCL3001	Exercise, Health and Disease	Minor		12	FP	AHE2006

Semester Dates

For accurate, up-to-date semester dates for these minors, please go to [MyVU](#).