

# COURSE DELIVERY PLAN 2025

## Bachelor of Health Science

COURSE CODE: HBHL

<b>CAMPUS</b>	St Albans (SA)
<b>COLLEGE</b>	College of Sport, Health and Engineering
<b>STUDY MODE</b>	Full Time or Part Time
<b>DURATION</b>	3 years Full Time or Part Time equivalent
<b>FEE TYPE</b>	For information on course fees, refer to <a href="http://vu.edu.au/fees">http://vu.edu.au/fees</a>
<b>APPLICATION METHOD</b>	VTAC - <a href="https://vtac.edu.au">https://vtac.edu.au</a> Direct Application - <a href="https://gotovu.custhelp.com/app/landing">https://gotovu.custhelp.com/app/landing</a>
<b>TIMETABLE</b>	<a href="http://vu.edu.au/timetables">http://vu.edu.au/timetables</a>
<b>COURSE REQUIREMENTS</b>	<p>To successfully attain the Bachelor of Health Science, students will be required to complete 288 credit points consisting of:</p> <ul style="list-style-type: none"><li>• 96 credit points of First Year Core studies;</li><li>• 96 credit points of Public Health Major studies;</li></ul> <p>Plus One of the following:</p> <p><b>Option A:</b></p> <ul style="list-style-type: none"><li>• 96 credit points of Indigenous Health Major studies;</li></ul> <p><b>Option B:</b></p> <ul style="list-style-type: none"><li>• 96 credit points of Minor studies (Two Minor sets in total).</li></ul> <p>Students that complete the first year of College Core studies can elect to graduate with the following <b>(Option A)</b> double Major:</p> <ul style="list-style-type: none"><li>• Majors in Public Health and Indigenous Health.</li></ul> <p>Students that complete the first year of College Core studies and a single Major in Public Health, can elect to graduate with <b>(Option B)</b> two minors to complement their Major, as follows:</p> <ul style="list-style-type: none"><li>• Indigenous Health (HMIIND);</li><li>• Health (Sport Science Minor) (SMIHEA);</li><li>• Health and Nutrition (HMIHNU), and;</li><li>• Bioscience (HMIBIO).</li></ul>
<b>FURTHER INFORMATION</b>	Unit and course information is available from the University course search site at <a href="http://vu.edu.au/course-search">http://vu.edu.au/course-search</a> or go to <a href="https://askvu.vu.edu.au">https://askvu.vu.edu.au</a> or Phone VUHQ on 03 9919 6100
<b>COURSE CHAIR</b>	Jerome Rachele
<b>COURSE ADVICE</b>	AskVU <a href="https://askvu.vu.edu.au/app/askcua">https://askvu.vu.edu.au/app/askcua</a>

**Note:** Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.



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**Core/Elective** Core (a unit that must be completed) & Elective (you have some choice in what you select).

**Prerequisites** A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

**Date of Publication:** This information is accurate as of October 24, 2024 and applies to students beginning during the specified intake period. It is provided for informational purposes only and does not constitute a contract between any individual and Victoria University. Students starting in a different intake or unable to follow the plan due to credit or other factors should consult their [Course and Unit Advisor](#) for enrolment assistance.



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# COURSE DELIVERY PLAN 2025

## YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
HHB1104	Introduction to Public Health and Wellness	Core	1B1, 1B2, 1B3, 1B4, 2B1, 2B2, 2B4	12	FP	
AEK1203	Indigenous Health and Wellbeing	Core	1B2, 1B3, 1B4, 2B2, 2B4	12	SA	
HBM1001	Anatomy and Physiology 1	Core	1B2, 1B2, 1B3, 1B4, WB1, 2B2, 2B3	12	SA	
HBM1202	Anatomy and Physiology 2	Core	1B2, 1B3, 1B4, 2B1, 2B2, 2B3, 2B4, WB1	12	SA	HBM1001
HHB1204	Australian Health and Social Care Systems and Policy	Core	1B4, 2B1, 2B3, 2B4	12	SA	
HHB1105	Evidence and Health 1	Core	1B3, 1B4, 2B1, 2B2, 2B3	12	SA	
HPC1000	Introduction to Human Nutrition and Food	Core	1B2, 2B1, 2B2, 2B3, 2B4	12	FP	
HCM1000	Professional Communication	Core	1B1, 2B2, 2B3, 2B4	12	FP, SA	



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## YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
	Major 1 - Unit 1	Major		12		
	Major 1 - Unit 2	Major		12		
	Major 2 - Unit 1 Or Minor 1 - Unit 1	Major/Minor		12		
	Major 2 - Unit 2 Or Minor 1 - Unit 2	Major/Minor		12		
	Major 1 - Unit 3	Major		12		
	Major 1 - Unit 4	Major		12		
	Major 2 - Unit 3 Or Minor 1 - Unit 3	Major/Minor		12		
	Major 2 - Unit 4 Or Minor 1 - Unit 4	Major/Minor		12		



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## YEAR 3

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
	Major 1 - Unit 5	Major		12		
	Major 1 - Unit 6	Major		12		
	Major 2 - Unit 5 Or Minor 2 - Unit 1	Major/Minor		12		
	Major 2 - Unit 6 Or Minor 2 - Unit 2	Major/Minor		12		
	Major 1 - Unit 7	Major		12		
	Major 1 - Unit 8	Major		12		
	Major 2 - Unit 7 Or Minor 2 - Unit 3	Major/Minor		12		
	Major 2 - Unit 8 Or Minor 2 - Unit 4	Major/Minor		12		



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# COURSE DELIVERY PLAN 2025

List of compulsory major/s available in this course

HMAPBH Public Health

List of major/s available in this course

HMAIND Indigenous Health

List of minor/s available in this course

HMIBIO Bioscience

HMIHNU Health and Nutrition

SMIHEA Health (Sport Science Minor)

HMIIND Indigenous Health

## MAJORS:

### Public Health HMAPBH

The Public Health Major provides students with knowledge and skills in Public Health and Health Promotion.

The major develops the student's knowledge base in Public Health and Health Promotion and focuses on the application of knowledge, policy, and research in improving the health of populations. Students completing this major will have an understanding and perspective on how to address contemporary health problems related to critical social and behavioural factors that influence health outcomes.

Students choosing the minor, HMAPBH Public Health, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
ASW2103	Human Development in Social Context	Major	1B1, 1B2, 1B3	12	FP	
HFB2104	Introduction to Research Methods	Major	1B1	12	ORT	HFB1110, HHB1104
HFB3136	Career and Professional Development	Major	1B1	12	SA	HFB2223; and HFB2234; and HFB2232; and HFB2233; or HHB2000
HFB3200	Pinnacle Venture	Major	2B2	12	SA	HFB3136, HHB2301
HHB2000	Social Epidemiology	Major	1B1, 1B2, 1B3, 1B4, WB1	12	ORT, SA	HHB1104, HHB1204
HHB2301	Health Promotion	Major	1B1, 1B3, 1B4, WB1	12	ORT, SA	
HHB2402	Health Program Planning and Evaluation	Major	2B3, 2B4	12	ORT	
SHE3001	Social Bases of Health: Global Perspectives	Major	1B1, 1B3, 2B3, 2B4, SB1, WB1	12	FP	



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Or alternative unit for students undertaking SMIHEA Health (Sport Science Minor):

SHE1002	Growth Development and Ageing	Major	2B1, 2B3, 2B4	12	FP
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## Indigenous Health HMAIND

The Indigenous Health Major builds on the Indigenous Health Minor to provide students with a complete context and understanding of the cultural and historical factors that need to be considered when developing and implementing health programs for Australian Aboriginal populations.

Students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through an interdisciplinary unit set, and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students may explore contemporary health and community interventions used by Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

A group research project will be presented in relation to Australian Aboriginal health, representing discipline and multi-disciplinary approaches through detailed action plans.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AEK1105	Aboriginal Traditions and Policy	Major	1B2, 1B3, 1B4	12	FP	
AEK1204	Aboriginal History and Political Movements	Major	2B1, 2B2, 2B3, 2B4	12	FP	
AEK2203	Indigenous Perspectives On Sustainability	Major	1B4, WB1	12	FP	AEK1105; or AEK1106; or AEK1204
AEK2205	Politics of Aboriginal Art	Major	1B3	12	FP	AEK1105; or AEK1204
AEK3203	Working Ethically in Aboriginal Community	Major	1B1, 2B1, 2B3, SB1	12	FP	AEK1105; or AEK1204; and AEK2203; or AEK2205
AEK3204	Aboriginal Political and Reflective Learning	Major	2B3	12	FP	
HBM3105	Research Project	Major	2B1, 2B2, WB1	12	SA	HBM3101
SHE3002	Health Policy and Promotion	Major	1B1, 1B2	12	FP	



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## MINORS:

### Bioscience HMIBIO

The Bioscience minor builds on the first year units of Bioscience 1 and 2, and examines the natural physiological changes that occur throughout the life cycle; introducing students to the major pathological disease processes of the body via discussions on the basis for preventative interventions and management of important pathological conditions.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
HBM3106	Reproductive and Developmental Biology	Minor	1B1, 1B2, 1B4	12	SA	
HBM3205	Clinical Genetics and Cellular Basis of Disease	Minor	2B3, 2B4	12	FP, ORT	
RBM2530	Pathophysiology 1	Minor	1B1, 1B3, 1B4, WB1	12	FP	RBM1518, RBM1528
RBM2540	Pathophysiology 2	Minor	2B2, 2B3, 2B4	12	FP	RBM2530

### Health and Nutrition HMIHNU

The Health and Nutrition Minor introduces the student to the role nutrition plays in individual health and populations through the lifespan. Upon completion of the minor students will have an understanding of the link between nutrition and health, wellness and illness and their determinants.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
HBM2103	Digestion, Nutrition and Metabolism	Minor	1B2, 1B3, 1B4	12	SA	RBM1528; or RBM1174; or HBM1202
HHN2001	Family Health and Nutrition Through the Lifespan	Minor	1B2	12	ORT	
HHN2402	Diet & Disease	Minor	2B1	12	ORT	
HHN3002	Sport and Exercise Nutrition	Minor	2B3	12	FP	HHN2001; or HBM2103; or

### Health (Sport Science Minor) SMIHEA

Being healthy is important to all of us. Our health is influenced by a range of individual and behavioural factors as well as physical and social environments. Studying health will help you to develop skills and knowledge to make decisions about your own health, inform others, and also to recognise the importance of health in society. You will also become aware of how to support and promote healthy behaviours of others. The minor in Health provides you with an understanding of the individual and societal influences on health and human development. You will study areas covering adolescent health, sexuality and relationships, social bases of health and health promotion and policy.



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UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SHE2001	Adolescent Health	Minor	1B1, 1B2, 1B3	12	FP	
SHE2002	Sexuality and Relationships	Minor	1B1, 1B2, 1B4, 2B2, 2B3, 2B4, SB1	12	FP	
SHE3001	Social Bases of Health: Global Perspectives	Minor	1B1, 1B3, 2B3, 2B4, SB1, WB1	12	FP	
SHE3002	Health Policy and Promotion	Minor	1B1, 1B2	12	FP	

## Indigenous Health HMIIND

In the Indigenous Health Minor, students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through a series of multi-disciplinary units and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students will explore contemporary community interventions used by Australian Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AEK1105	Aboriginal Traditions and Policy	Minor	1B2, 1B3, 1B4	12	FP	
AEK1204	Aboriginal History and Political Movements	Minor	2B1, 2B2, 2B3, 2B4	12	FP	
AEK2203	Indigenous Perspectives On Sustainability	Minor	1B4, WB1	12	FP	AEK1105; or AEK1106; or AEK1204
AEK2205	Politics of Aboriginal Art	Minor	1B3	12	FP	AEK1105; or AEK1204



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