

# Bachelor of Psychological Studies

Course code: ABPA

## Course Requirements

To attain the Bachelor of Psychological Studies, students will be required to complete 288 credit points consisting of:

- 96 credit points of Core First Year studies
- 120 credit points of Core Psychology studies
- 24 credit points of Psychology Elective studies
- 48 credit points of Minor studies

Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

## Credit Points

A credit point is used to measure the study load for a unit. A standard unit consists of 12 credit points, with each completed unit's credit points adding up to meet your required total of credit points to complete your course.

## Further Information

Unit and course information is available from the University course search site at <http://vu.edu.au/course-search> or go to <https://askvu.vu.edu.au> or Phone VUHQ on 03 9919 6100

## Campus

Footscray Park (FP)

## College

College of Sport, Health and Engineering

## Study Mode

Full Time or Part Time

## Duration

3 years Full Time or Part Time equivalent

## Fee Type

For information on course fees, refer to <http://vu.edu.au/fees>

## Application Method

VTAC - <https://vtac.edu.au>  
Direct Application - <https://gotovu.custhelp.com/app/landing>

## Timetable

[vu.edu.au/timetables](http://vu.edu.au/timetables)

## Course Chair

Laurie Chapin

## Course Advice

AskCUA - <https://askvu.vu.edu.au/app/askcua>

## Year 1

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
APP1016	Foundations in Psychological Research	Core	<b>1B1</b>	12	FP	
HHH1000	Interpersonal Skills and Communication	Core	<b>1B2</b> , 2B1, 1B4	12	FP	
APP1017	Introduction to Research Methods in Psychology	Core	<b>1B3</b> , 1B2, 1B4, 2B2	12	FP	
APP1012	Psychology 1A	Core	<b>1B4</b> , 1B3	12	FP	
AEK1203	Indigenous Health and Wellbeing	Core	<b>2B1</b> , SB, 1B2, 1B3, 1B4, 2B2, 2B4	12	CC, SA	
APP1013	Psychology 1B	Core	<b>2B2</b> , 1B4, 2B3	12	FP	APP1012
APP1015	Organisational Skills 1	Core	<b>2B3</b> , 2B4, 2B1	12	FP	
ABA1003	Introduction to Sociology	Core	<b>2B4</b> , 2B3, 2B2	12	FP	

**Please note:** Primary pattern of study blocks are in **bold**. This is the recommended sequence.

## Study Patterns

### Pattern of study for 2025 Summer Block Intake:

SB1: APP1016  
 1B1: ABA1003  
 1B2: APP1017  
 1B3: APP1012  
 1B4: HHH1000  
 2B1: AEK1203  
 2B2: APP1013  
 2B3: APP1015

### Pattern of study for 2025 1B3 Intake:

1B3: APP1016  
 1B4: APP1017  
 2B1: AEK1203  
 2B2: APP1012  
 2B3: ABA1003  
 2B4: APP1015  
 2026  
 1B1: APP1013  
 1B2: HHH1000

### Pattern of study for 2025 2B1 Intake:

2B1: APP1016  
 2B2: APP1017  
 2B3: APP1015  
 2B4: AEK1203  
 2026  
 1B1: ASA1023  
 1B2: AYW1002  
 1B3: AYW1003  
 1B3: AEB1804

## Prerequisites

A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

### Core

A unit that must be completed

### Minor

A subject area that is the second focus of a degree, comprising a smaller set of units than a major within a particular discipline. At Victoria University a minor is made up of 48 credit points (equivalent to 4 units).

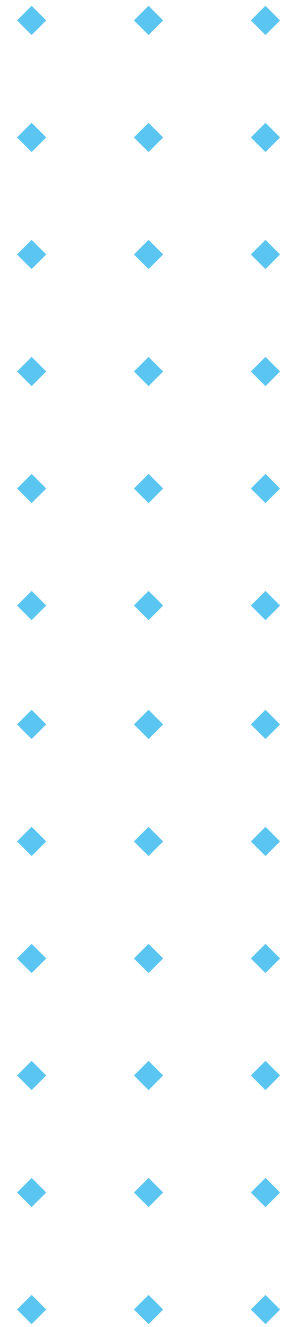
### Elective

you have some choice in what you select.

Year 2

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HPP2001	Developmental Psychology	Core	<b>1B1</b> , 1B4	12	FP	APP1013
APS2030	Qualitative Social Research Methods 1	Core	<b>1B2</b> , 1B1	12	FP	APP1013
	Minor 1 - Unit 1	Minor	<b>1B3</b>	12		
APP2013	Psychology 2A	Core	<b>1B4</b> , 1B2, 1B3	12	FP	APP1012 and APP1013
APP2014	Psychology 2B	Core	<b>2B1</b>	12	FP	APP2013
APS2040	Quantitative Social Research Methods 1	Core	<b>2B2</b> , 2B3	12	FP	APP2013
	Psychology Elective 1	Elective	<b>2B3</b>	12		
	Minor 1 - Unit 2	Minor	<b>2B4</b>	12		

**Please note:** Primary pattern of study blocks are in bold. This is the recommended sequence.



**Year 3**

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
APP3034	History, Theories and Practice of Psychology	Core	<b>1B1</b> , 1B2	12	FP	APP2014 and HPP2001
APP3035	Research Methods in Psychology	Core	<b>1B2</b> , 1B1	12	FP	APP2014
	Minor 1 - Unit 3	Minor	<b>1B3</b>	12		
APP3032	Psychological Issues in the Workplace	Core	<b>1B4</b>	12	FP	APP2014
APP3037	Clinical Aspects of Psychology	Core	<b>2B1</b> , 2B2	12	FP	APP2014 and HPP2001
APP3028	Fieldwork	Core	<b>2B2</b> , 2B3	12	FP	APP2014
	Minor 1 - Unit 4	Minor	<b>2B3</b>	12		
	Psychology Elective	Elective	<b>2B4</b>	12		

**Please note:** Primary pattern of study blocks are in **bold**. This is the recommended sequence.

**Placement**

**APP3028: Fieldwork**

Students will undertake a mandatory fieldwork placement, consisting of 60 hours of placement, and in-class course work. All placement activities for this unit must be pre-approved and authorised by the Undergraduate Psychology Placement Officer. Credit will not be applied retrospectively for unauthorised activities. Students may be required to complete a proportion of the placement hours before undertaking the unit.

[APP3028 Placement Webpage](#)

**Contact:** [sally-ann.free@vu.edu.au](mailto:sally-ann.free@vu.edu.au)

## Psychology Electives

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
APP3015	Counselling Theory and Practice	Elective	1B4, WB, 2B3, 2B4	12	FP	APP2013
APP3018	Organisations and Work	Elective	1B4, 2B4	12	FP	APP2013
APP3027	Relationship and Family Wellbeing	Elective	1B2, 1B3, 2B1	12	FP	APP2013
APP3019	Psychobiology	Elective	1B1, 1B3, 2B3	12	FP	APP2013
APP3016	Group Behaviour	Elective	2B3, 2B4	12	FP	APP2013

## Minor Selections

Approved Minors	
HMIHLT	<a href="#">Health</a>
HMIATN	<a href="#">Applied Health Nutrition</a>
AMIHIS	<a href="#">History</a>
AMIGEN	<a href="#">Gender Studies</a>
AMISLY	<a href="#">Sociology</a>
HMIIOS	<a href="#">Interpersonal Organisaition Skills</a>
HMIIND	<a href="#">Indigenous Health</a>

## Minors

### Health - HMIHLT

The Health minor provides an integrated group of units in the area of Global Health and Health Promotion. It covers disciplinary knowledge in promoting health with a focus on contemporary challenges relating to principles and practices from social and behavioural science, to develop, implement and evaluate programs and policies that promote optimal health and population 'health and well-being'. Students will develop their skills in oral communication, critical analysis and different forms of writing for audiences.

Students choosing the minor, HMIHLT Health, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
HHB2301	Health Promotion	Minor		12	ORT, SA	
HHB2402	Health Program Planning and Evaluation	Minor		12	ORT, SA	
HFB3136	Career and Professional Development	Minor		12	ORT, SA	HFB2223, HFB2234, HFB2232 and HFB2233
SHE3001	Social Bases of Health: Global Perspectives	Minor		12	FP	

Please note: All Semester 2 classes for HFB3136 are ORT

### Applied Health Nutrition - HMIATN

This minor uses student-centred learning activities to develop an interdisciplinary knowledge of nutrition as related to health, wellness and illness and their determinants. Through the use of case-based learning opportunities, students gain practical skills related to application and interpretation of evidence-based nutrition knowledge within the scope of practice in their chosen career.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
AHE2005	Nutrition and Diet for Exercise and Physical Education	Minor		12	FP, ORT	
HHN2001	Family Health and Nutrition Through the Lifespan	Minor		12	FP, ORT	
HHN2402	Diet & Disease	Minor		12	FP, ORT	
HHN3002	Sport and Exercise Nutrition	Minor		12	FP	HHN2001 or HBM2103

### Semester Dates

For accurate, up-to-date semester dates for these minors, please go to [MyVU](#).

## Minors

### History - AMIHIS

Knowledge of the past has always been central to human awareness. For more than a century, the study of History has underpinned the Western liberal tradition. History is connected with the search for meaning. It conveys communal memory, creating a sense of personal and group identity by locating individuals in time and space. The study of History offers each of us the chance to understand, even bridge, other cultures.

The minor in History offers opportunities to sample this diverse human experience. Our aim is to both challenge and excite you as you move through the study of History, beyond your own lives to those of people in other times and other places. We also aim to develop an appreciation of the contributions historians make to an understanding of contemporary society.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
AAH2002	The World Before 1770	Minor		12	FP	
AAH2003	European Revolution and War	Minor		12	FP	
AAH2004	Divided Europe	Minor		12	FP	
AAH3001	Histories of Immigrant Australia	Minor		12	FP	

### Gender Studies - AMIGEN

Gender is one of the major ways that human society is organised, whether considered from a social or cultural perspective. Gender Studies has developed over the last three decades into a complex and influential academic specialisation. The ideas of Gender Studies, and in particular the theories and practices of feminism, have significantly shifted the ways of knowing across many fields of academic inquiry. The Gender Studies minor provides you with a critical education in major theories and applications about the place of gender.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
ACW2020	Sex and Gender	Minor		12	FP, ORT	
ACW2024	Gender in Public Life	Minor		12	FP, ORT	
ACW2026	Gender in Popular Culture	Minor		12	FP, ORT	
ACW3028	Gender, Community and Social Change	Minor		12	FP, ORT	

### Semester Dates

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## Minors

### Sociology - AMISLY

The Sociology Minor begins with an overview of sociology – an introduction to how we might go about applying the sociological imagination to a wide range of aspects of contemporary social arrangements, and includes a focus on core sociological concepts: how aspects of public order and ‘the normal’ are social phenomena, how one’s identities are forged in a social context, and how power is exercised by the way everyday life is structured in space and through the way we come to ‘know’ the world.

Sociologists study a wide variety of topics, including: education, work and unemployment; the family; health, sex, gender and sexuality; ethnicity and racism; equality, opportunity and inequality; and crime, law and social justice. The Sociology Minor aims to foster students' critical analytical skills and to offer opportunities to apply sociological tools of analysis to their own inquiries into contemporary social life.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
ASS2002	Social Worlds, Social Policy	Minor		12	FP	
ASS2004	Sociology of Social Control	Minor		12	FP, ORT	
ASS2009	Making Modern Identities	Minor		12	FP	
ASS3050	Migration, Mobility and Globalisation	Minor		12	FP	

### Interpersonal Organisation Skills - HMIIOS

The Interpersonal Organisation Skills minor consists of a set of applied psychology and skills-based units. Students will gain an understanding of interpersonal and communication, counselling, and organisational psychology theories. The focus will be on the integration of this theoretical knowledge with experiential skills based activities. In this minor students will be provided with opportunities to enhance their self-awareness, foster their skills in working with individuals, develop effective group membership skills and understand how organisational processes impact on the well being of individuals.

Completion of this minor provides experience and knowledge in a range of applied skills which assist students in applying their learning directly to the problems and challenges they will find working with individuals, groups and organisations in their professional lives.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
APP2023	Interpersonal Skills 2	Minor		12	FP	HHH1000
APP2024	Organisational Skills 2	Minor		12	FP	APP1015
APP3015	Counselling Theory and Practice	Minor		12	FP	APP2013
APP3018	Organisations and Work	Minor		12	FP	APP2013

### Semester Dates

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## Minors

### Indigenous Health - HMIIND

In the Indigenous Health Minor, students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through a series of multi-disciplinary units and how these influence and impact the health outcomes of Australian Aboriginal populations and communities.

In addition to this students will explore contemporary community interventions used by Australian Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

Unit Code	Unit Title	Unit Type	Sem	Credit Points	Campus	Pre-Requisites
AEK1105	Aboriginal Traditions and Policy	Minor		12	FP	
AEK1204	Aboriginal History and Political Movements	Minor		12	FP	
AEK2203	Indigenous Perspectives on Sustainability	Minor		12	FP	AEK1105 or AEK1106 or AEK1204
AEK2205	Politics of Aboriginal Art	Minor		12	FP	AEK1105 or AEK1204

### Semester Dates

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