

# COURSE DELIVERY PLAN 2025

## Master of Mental Health (Online Delivery) COURSE CODE: HMMH

<b>Campus</b>	VU Online
<b>College</b>	Health and Biomedicine
<b>Study Mode</b>	Full-time* or Part-time
<b>Duration</b>	2 years
<b>Fee Type</b>	Full Fee. Fee information available from <a href="https://vu.edu.au/fees">vu.edu.au/fees</a>
<b>Application Method</b>	Direct Application: <a href="https://www.vu.edu.au/vu-online/online-courses">https://www.vu.edu.au/vu-online/online-courses</a>
<b>Timetable</b>	N/A
<b>Course Requirements</b>	<p>To attain the Master of Mental Health, students must successfully complete 144 credit points (equivalent to 12 units) in total, consisting of:</p> <p>Eleven (11) <b>Core</b> units (equivalent to 132 credit points) One (1) elective unit (equivalent to 12 credit points)</p> <p>Students are able to graduate with a Graduate Certificate in Mental Health or a Graduate Diploma of Mental Health (Diploma exit award only) after they have completed the first four (4) and eight (8) respectively, as outlined below.</p>
<b>Further Information</b>	<p>Unit (subject) and course information is available from the University course search site at <a href="https://vu.edu.au/course-search">vu.edu.au/course-search</a></p> <p>OR</p> <p><a href="https://online.vu.edu.au/online-courses/master-public-health">https://online.vu.edu.au/online-courses/master-public-health</a></p> <p>OR</p> <p>Call 1300 682 051</p>
<b>Course Coordinator</b>	<p>Associate Professor Christopher Fisher</p> <p>Email: <a href="mailto:Christopher.Fisher@vu.edu.au">Christopher.Fisher@vu.edu.au</a></p>

The following course structure is designed to help students track their progress through the course.

\*With approval from the Course Coordinator.

NB: This course structure is subject to change.

## YEAR 1 (2025)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO6010	Recovery Oriented Mental Health	Core	1	12	VU Online	Nil
HNO6011	Biopsychosocial and Cultural Perspectives in Mental Health	Core	2	12	VU Online	Nil
HNO6012	Effective Trauma-Informed Care	Core	3	12	VU Online	Nil
HNO6009	Mental Health Foundations	Core	4	12	VU Online	Nil

**STUDENTS ARE ABLE TO GRADUATE WITH A GRADUATE CERTIFICATE IN MENTAL HEALTH AFTER HAVING COMPLETED THE ABOVE 4 UNITS**

HNO6014	Introduction to Child and Adolescent Mental Health	Core	5	12	VU Online	Nil
HNO7013	Psychological Therapies	Core	6	12	VU Online	Nil

## YEAR 2 (2026)

Unit Code	Unit Title	Unit Type	Study Period	Credit Points	Campus	Prerequisites
HNO6013	Mental Health in Later Life	Core	1	12	VU Online	Nil
HNO6004	Evidence and Research for Practice	Core	2	12	VU Online	Nil

**STUDENTS ARE ABLE TO EXIT THE MASTER QUALIFICATION WITH A GRADUATE DIPLOMA OF MENTAL HEALTH AFTER HAVING COMPLETED THE ABOVE 8 UNITS (EXIT AWARD ONLY)**

HNO7012	Assessment in Mental Health	Core	3	12	VU Online	Nil
HNO7901	Research Project	Core	4	12	VU Online	Nil

OR

HNO6015	Child and Adolescent Engagement and Assessment	Elective	4	12	VU Online	Nil
HNO7014	Perspectives on Addictive Behaviours	Core	5	12	VU Online	Nil
HNO7011	Pharmacology & Therapeutics in Mental Health	Elective	6	12	VU Online	Nil

OR

HNO7901	Research Project	Core	6	12	VU Online	Nil
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This information is current at the publication date, September 2024  
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